

# Psychosexual Services Greater Manchester



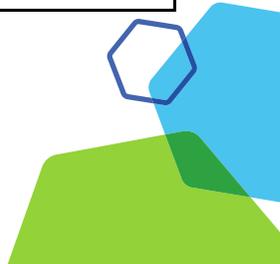
Contents

Manchester .....	3
Salford .....	8
Trafford .....	10
Bolton.....	14
Wigan.....	16
Stockport .....	19
Tameside and Glossop.....	21
Oldham.....	24
Bury.....	26
Heywood, Middleton and Rochdale.....	30
Greater Manchester.....	34



## Manchester

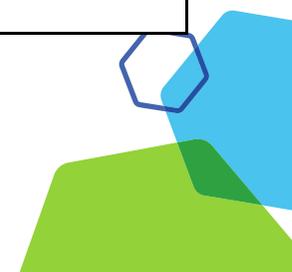
<b>GMMH Psychosexual Therapy Service</b>	
<b>Where is this service based?</b>	Face to face support currently based at the Rawnsley Building, Manchester. Online support via teams available.
<b>Who can access the service?</b>	<p>The GMMH PST service is for patients who have a GP in the follow areas: Manchester, Trafford, Bury, Tameside and Glossop, Middleton, Rochdale etc and Wigan (postcodes WN1-7)</p> <p>Support for sexual issues:</p> <ul style="list-style-type: none"><li>• Erection difficulties,</li><li>• Premature ejaculation</li><li>• Delayed ejaculation</li><li>• Genito pelvic pain/penetration disorder (previously known as vaginismus &amp; dyspareunia)</li><li>• Anorgasmia</li><li>• Libido issues</li><li>• Sexual arousal</li><li>• Sexual fears or phobias</li></ul> <p>Clients must be aged 16 years or over (no upper age limit)</p>



	<p>Individuals or couples must be sufficiently motivated to attend therapy sessions regularly</p> <p>The service is unable to see 'urgent' referrals</p> <p>The service is unable to accept self-referrals</p> <p>The psychosexual service is unable to provide long-term care or support for clients</p>
<b>What does the service offer?</b>	<p>Psychosexual Therapy Service offers specialist assessment and treatment for all forms of sexual dysfunctions working with both physical and psychological factors.</p>
<b>How can I access this service?</b>	<p>The GMMH PST service is for patients who have a GP in the follow areas: Manchester, Trafford, Bury, Tameside and Glossop, Middleton, Rochdale etc and Wigan (postcodes WN1-7). To access this support please contact your GP</p> <p>For further information please visit:</p> <p><a href="#">Psychosexual Services   Greater Manchester Mental Health NHS FT</a></p>



<b>The Northern Sexual Health – Psychosexual Counselling Service</b>	
<b>Where is this service based?</b>	<p>The service offers face 2 face appointments. We have a therapist at The Northern sexual health in Manchester, Withington hospital and Lanceburn Health centre.</p> <p>Online support available on teams.</p>
<b>Who can access the service?</b>	<p>This service is only available, via an internal referral to patients who are registered with the Northern sexual health service and have primarily attended the Northern for sexual health or contraception purposes.</p>
<b>What does the service offer?</b>	<p>Sexual difficulties are common and can affect any one of us at any time. We provide specialised psychosexual therapy sessions to help with your difficulty using an appointment-based system. You may be offered a virtual or a face-to-face appointment. Your GP will be informed of the referral.</p> <p>Common difficulties that we can address include the following:</p> <ul style="list-style-type: none"> <li>• Erection difficulties,</li> <li>• Premature ejaculation</li> <li>• Delayed ejaculation</li> <li>• Genito pelvic pain/penetration disorder (previously known as vaginismus &amp; dyspareunia)</li> <li>• Anorgasmia</li> <li>• Libido issues</li> <li>• Sexual arousal</li> </ul>



	<ul style="list-style-type: none"><li>• Sexual fears or phobias</li></ul>
<b>How can I access this service?</b>	In order to be referred please request the health care professional to complete an internal referral form during your sexual health or contraception appointment. If considered appropriate, then a referral will be made by that clinician into the Psychosexual team for triage. Find your local clinic: <a href="#">Our Clinics – The Northern Sexual Health</a>

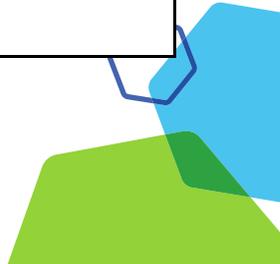


<b>Talk Listen Change – Macmillan Counselling Service</b>	
<b>Where is this service based?</b>	TLC Macmillan Counselling Service
<b>Who can access the service?</b>	Adults – 18+  Patients at Wythenshawe Hospital  People affected by cancer with relationship, sexual dysfunction or body image issues (patient or affected adult partner/ family member)
<b>What does the service offer?</b>	Psychosexual Therapy and/or relationship/couples therapy & individual counselling – (using an integrated counselling model)
<b>How can I access this service?</b>	Referrals via the MacMillan Centre, Wythenshawe Hospital. Please contact Macmillan if you would like to gain further information of discuss accessing this support: <a href="#">Macmillan Cancer Information and Support Centre - Wythenshawe, Manchester -   Macmillan Cancer Support</a>



## Salford

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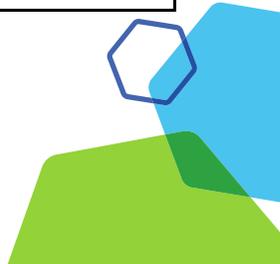


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## Trafford

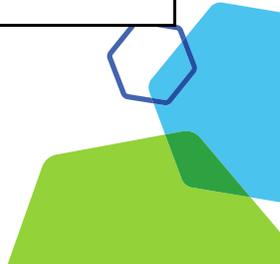
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	<p>Individuals or couples must be sufficiently motivated to attend therapy sessions regularly</p> <p>The service is unable to see 'urgent' referrals</p> <p>The service is unable to accept self-referrals</p> <p>The psychosexual service is unable to provide long-term care or support for clients</p>
<b>What does the service offer?</b>	<p>Psychosexual Therapy Service offers specialist assessment and treatment for all forms of sexual dysfunctions working with both physical and psychological factors.</p>
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	<ul style="list-style-type: none"><li>• Sexual fears or phobias</li></ul>
<b>How can I access this service?</b>	<p>In order to be referred please request the health care professional to complete an internal referral form during your sexual health or contraception appointment</p> <p>If considered appropriate, then a referral will be made by that clinician into the Psychosexual team for triage.</p> <p>Find your local clinic: <a href="#">Our Clinics – The Northern Sexual Health</a></p>



## Bolton

<b>Bolton Sexual Health - Shine</b>	
<b>Where is this service based?</b>	Bolton One, Moor Lane, Bolton, BL3 5BN  Tel: 01204 463779  Face to face and online support available.
<b>Who can access the service?</b>	Patients living in Bolton only
<b>What does the service offer?</b>	<p>This Sexual Health service provides a free and confidential Psychosexual service offering advice and support on a range of sexual health issues for people living across Bolton. The service can support people experiencing psychosexual distress.</p> <p>Psychosexual conditions:</p> <ul style="list-style-type: none"><li>• Erectile Dysfunction</li><li>• Drive / Desire / Libido</li><li>• Dyspareunia</li><li>• Rapid ejaculation/ delayed or inhibited</li></ul>

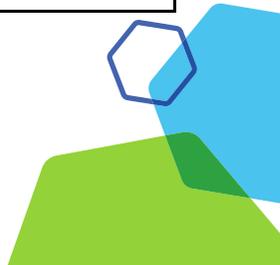


	<ul style="list-style-type: none"><li>• Orgasmic disorder</li><li>• Transgender (post-surgery)</li><li>• Sexual trauma only if promoting intimacy difficulties</li><li>• Genito Pelvic Pain, Penetration Disorder (GPPPD)</li><li>• Erectile Dysfunction</li></ul>
<b>How can I access this service?</b>	<p>If you'd like to access this service or learn more, please speak with your GP.</p> <p>For further information please visit the website using the link below.</p> <p><a href="#">Sexual &amp; Reproductive Health - Bolton NHS FT</a></p>



## Wigan

<b>GMMH Psychosexual Therapy Service</b>	
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<b>Who can access the service?</b>	<p>The GMMH PST service is for patients who have a GP in the follow areas: Manchester, Trafford, Bury, Tameside and Glossop, Middleton, Rochdale etc and Wigan (postcodes WN1-7)</p> <p>Support for sexual issues:</p> <ul style="list-style-type: none"><li>• Erection difficulties,</li><li>• Premature ejaculation</li><li>• Delayed ejaculation</li><li>• Genito pelvic pain/penetration disorder (previously known as vaginismus &amp; dyspareunia)</li><li>• Anorgasmia</li><li>• Libido issues</li><li>• Sexual arousal</li><li>• Sexual fears or phobias</li></ul> <p>Clients must be aged 16 years or over (no upper age limit)</p>



	<p>Individuals or couples must be sufficiently motivated to attend therapy sessions regularly</p> <p>The service is unable to see 'urgent' referrals</p> <p>The service is unable to accept self-referrals</p> <p>The psychosexual service is unable to provide long-term care or support for clients</p>
<p><b>What does the service offer?</b></p>	<p>Psychosexual Therapy Service offers specialist assessment and treatment for all forms of sexual dysfunctions working with both physical and psychological factors.</p>
<p><b>How can I access this service?</b></p>	<p>The GMMH PST service is for patients who have a GP in the follow areas: Manchester, Trafford, Bury, Tameside and Glossop, Middleton, Rochdale etc and Wigan (postcodes WN1-7)</p> <p>To access this support please contact your GP</p> <p>For further information please visit:</p> <p><a href="#">Psychosexual Services   Greater Manchester Mental Health NHS FT</a></p>



<b>Locala Sexual Health Support - Wigan</b>	
<b>Where is this service based?</b>	The Psychosexual Counselling Services is accessible online. Psychosexual support is offered virtually either telephone or video call.
<b>Who can access the service?</b>	Patients living in Wigan
<b>What does the service offer?</b>	<ul style="list-style-type: none"> <li>• Online Psychosexual Counselling – 6 Sessions</li> </ul>
<b>How can I access this service?</b>	<p>Please get in touch with your nearest Locala Sexual Health Clinic to find out if there are appointments available to help you with psychosexual difficulties caused by cancer and/or treatment.</p> <p>Clinic Information:</p> <p>Call: 01942 949 167</p> <p>Appointments are available face to face and telephone appointments</p> <p>Website: <a href="http://locala.org.uk/services/sexual-health">locala.org.uk/services/sexual-health</a></p>



## Stockport

Locala Sexual Health Support - Stockport	
<b>Where is this service based?</b>	The Psychosexual Counselling Services is accessible online. Psychosexual support is offered virtually either telephone or video call.
<b>Who can access the service?</b>	Patients living in Stockport
<b>What does the service offer?</b>	<ul style="list-style-type: none"><li>• Online Psychosexual Counselling – 6 Sessions</li></ul>
<b>How can I access this service?</b>	<p>Please get in touch with your nearest Locala Sexual Health Clinic to find out if there are appointments available to help you with psychosexual difficulties caused by cancer and/or treatment.</p> <p>Clinic Information:</p> <p>Call: 0161 507 9492</p> <p>Email: <a href="mailto:choicesandcentralyouth@locala.org.uk">choicesandcentralyouth@locala.org.uk</a></p>



	<p>Our phone lines in Stockport are open Monday - Friday 8:30am-4pm (excluding bank holidays). Our phone lines are closed between 12-1pm everyday.</p> <p>Website: <a href="http://locala.org.uk/services/sexual-health">locala.org.uk/services/sexual-health</a></p>
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## Tameside and Glossop

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	<ul style="list-style-type: none"> <li>• Sexual arousal</li> <li>• Sexual fears or phobias</li> </ul> <p>Clients must be aged 16 years or over (no upper age limit)</p> <p>Individuals or couples must be sufficiently motivated to attend therapy sessions regularly</p> <p>The service is unable to see 'urgent' referrals</p> <p>The service is unable to accept self-referrals</p> <p>The psychosexual service is unable to provide long-term care or support for clients</p>
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<b>Locala Sexual Health Support – Tameside</b>	
<b>Where is this service based?</b>	The Psychosexual Counselling Services is accessible online. Psychosexual support is offered virtually either telephone or video call.
<b>Who can access the service?</b>	Patients living in Tameside or Glossop
<b>What does the service offer?</b>	<ul style="list-style-type: none"> <li>• Online Psychosexual Counselling – 6 Sessions</li> </ul>
<b>How can I access this service?</b>	<p>Please get in touch with your nearest Locala Sexual Health Clinic to find out if there are appointments available to help you with psychosexual difficulties caused by cancer and/or treatment.</p> <p>Clinic Information:</p> <p>Call: 0161 507 9460</p> <p>Our phone lines in Tameside are open Monday - Friday 8:30am-4:00pm (excluding bank holidays).                      Our phone lines are closed between 12-1pm everyday</p>



## Oldham

<b>HCRG Care Group - Psychosexual Counselling</b>	
<b>Where is this service based?</b>	We offer a mixture of face-to-face and virtual (online) sessions depending on the client's preference.
<b>Who can access the service?</b>	Age 16+  Patients living in Oldham, Rochdale and Bury.  Clinic is held at the Oldham Integrated Care Centre, New Radcliffe Street, Oldham, OL1 1NL.
<b>What does the service offer?</b>	The Psychosexual Counselling Service offers brief psychological-based sex therapy interventions to help address sexual problems experienced by individuals over 16 years of age.  We can accept GP referrals for: <ul style="list-style-type: none"><li>• Loss of desire (interest or libido)</li><li>• Lack of intimacy or fear of intimacy</li><li>• Erectile dysfunction</li></ul>



	<ul style="list-style-type: none"><li>• Premature ejaculation</li><li>• Delayed or absent ejaculation</li><li>• Pain with penetration/vaginismus</li><li>• Pelvic pain/genital pain</li><li>• Difficulty with orgasm</li></ul> <p>We to provide a maximum of 6 sessions of therapy following an initial assessment. Our service is inclusive, and we recognise and work with gender, sexual and relationship diversity.</p>
<b>How can I access this service?</b>	If you'd like to access this service or learn more, please speak with your GP.



## Bury

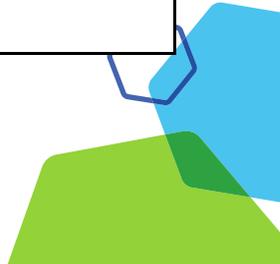
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## Heywood, Middleton and Rochdale

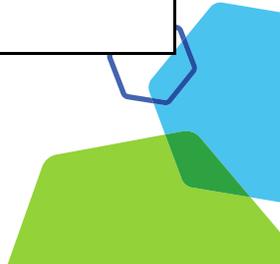
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## Greater Manchester

<b>MFT – Psychosexual Counselling Service</b>	
<b>Where is this service based?</b>	Based at St Mary's Hospital, Manchester.  Support provided face to face or telephone.
<b>Who can access the service?</b>	Women with sexuality issues or sexual dysfunction.  This service is available for those living in Greater Manchester.
<b>What does the service offer?</b>	The service offers assessment & intervention by either specialist ACP or a psychosexual therapist as required.  <ul style="list-style-type: none"><li>• Psychosexual Counselling</li></ul>
<b>How can I access this service?</b>  (Is this internal referral only or can patients access this via their GP)	This service is available for those living in Greater Manchester.  If you'd like to access this service or learn more, please speak with your GP or health care professional.



<b>The Christie – Psychosexual Counselling Support</b>	
<b>Where is this service based?</b>	Psycho-Oncology  The Christie NHS Foundation Trust  Wilmslow Road  Manchester  M20 4BX  Face to face and online sessions
<b>Who can access the service?</b>	The service is available to adults receiving care at The Christie who are experiencing sexual, relational, or intimacy-related difficulties linked to cancer or its treatment.
<b>What does the service offer?</b>	The Christie offers a specialist Psychosexual Therapy Service designed to support patients and their partners with the emotional and physical changes that may affect sexual wellbeing. <ul style="list-style-type: none"> <li>• Psychosexual counselling</li> </ul>
<b>How can I access this service?</b>	Referrals can be made by members of your clinical team – Speak to them if you would like more information.



<b>College of Sexual and Relationship Therapists</b>	
<b>Where is this service based?</b>	College of Sexual and Relationship Therapists allows you to use the search option on the webpage to find a Psychosexual/Relationship Therapist.
<b>Who can access the service?</b>	This is a private service open to all.
<b>What does the service offer?</b>	<ul style="list-style-type: none"><li>• Psychosexual Counselling</li><li>• Relationship Counselling</li></ul>
<b>How can I access this service?</b>	Visit the webpage for further information: COSRT - College of Sexual and Relationship Therapists:  <a href="#">Find a Therapist   cosrt</a>

