

# Directory of Psychological Services for People Affected by Cancer Manchester



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## Specialist Clinical Psychology Service for Oncology – Wythenshawe/Withington

<b>Service Information</b>	
Name of Service:	Specialist Clinical Psychology Service for Oncology, Wythenshawe/Withington Hospitals
Name of Provider:	GMMH (specialist agreement with Manchester University NHS Foundation Trust)
Postal Address:	Dept of Clinical Psychology, Laureate House, Wythenshawe Hospital M23 9LT
Contact Details – Phone:	0161 271 0766
Email:	N/A
Website Address:	N/A
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	Adult
Key inclusion/Exclusion criteria:	Must be a patient of Wythenshawe/Withington Hospitals Cancer services
PCTS served/ Catchment Area:	See above

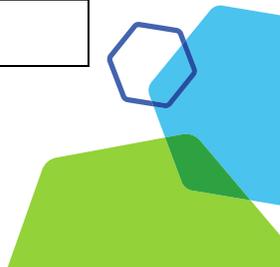


Name of Interventions (Individual or Group):	Individual (Group options possible)
Psychological approaches and models?	CBT/CAT/Narrative/ACT
Statutory of non-statutory?	Statutory
Composition of MDT Professionals:	Clinical Psychologists including trainees within the psychology team
Service setting (e.g. Hospital or Community)	Hospital, outpatient appointments
Outcome Measures used?	Various
How to refer?	Referrals from Healthcare professionals who have met/assessed service user and have identified a need for clinical psychology input

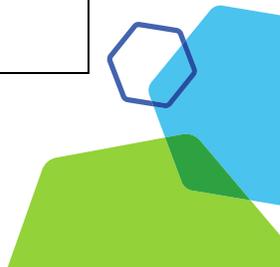


## Psycho Oncology Service – The Christie

Service Information	
Name of Service:	Christie Psycho-Oncology Service
Name of Provider:	The Christie NHS Foundation Trust
Postal Address:	Psycho-Oncology The Christie NHS Foundation Trust Wilmslow Road Manchester M20 4BX United Kingdom
Contact Details – Phone:	0161 446 3681
Email:	
Website Address:	<a href="http://www.christie.nhs.uk/services/i-to-q/psycho-oncology/">http://www.christie.nhs.uk/services/i-to-q/psycho-oncology/</a>
Psychological Intervention Details:	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	18+



Key inclusion/Exclusion criteria:	Referrals are accepted for patients under the care of The Christie NHS Foundation Trust who meet specific service criteria. Referrals must be made by Christie NHS Foundation Trust staff via the electronic referral system on the local clinical system. External referrals, including those from GPs or self-referrals, are not accepted. All referrals are triaged against established criteria to determine appropriateness and priority.
PCTS served/ Catchment Area:	Patient must be under the care of The Christie NHS Foundation Trust .
Name of Interventions (Individual or Group):	Individual
Psychological approaches and models?	Integrative approach involving different therapy modalities.
Statutory of non-statutory?	Statutory
Composition of MDT Professionals:	Clinical Psychologists Counsellors Registered Mental Health Nurses/Mental Health Psychiatrists



	Psychosexual Therapist
Service setting (e.g. Hospital or Community)	Hospital (Inpatient and outpatient)
Outcome Measures used?	
How to refer?	<p>Referral procedure:</p> <p>If your patient is currently receiving cancer care at The Christie Hospital, please liaise with their treating team to explore a potential referral to the Christie Psycho-Oncology Team, as referrals must be made by Christie NHS Foundation Trust staff via the electronic referral system on the local clinical system. The Psycho-Oncology Team aims to hold daily triage meetings to review referrals and determine the most appropriate care pathway or intervention for each patient. If a referral is not deemed suitable, the referrer will be contacted with recommendations or alternative suggestions. Referrers are welcome to contact the team to discuss any psychological concerns regarding a patient.</p>

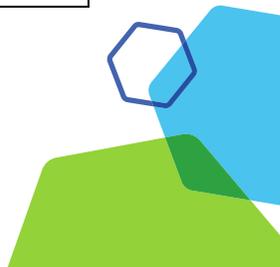


## Teenage and Young Adult Service – The Christie

<b>Service Information</b>	
Name of Service:	Teenage and Young Adult Clinical Psychology Service, The Christie Hospital
Name of Provider:	Paediatric Psychosocial Service, RMCH, MFT NHS Trust
Postal Address:	Paediatric Psychosocial Service, Harrington Building, Royal Manchester Children's Hospital, Oxford Road, Manchester, M13 9WL
Contact Details – Phone:	0161 701 4525
Email:	
Website Address:	<a href="#">Teenage and Young Adult (TYA) service -</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	Teenagers and Young adults between the ages of 16-24yrs



Key inclusion/Exclusion criteria:	Oncology diagnosis. Must be under the care of Christie consultant and have ongoing follow-up with Christie centre. Psychological support needs directly relate to oncology diagnosis. We do not accept family support referrals or referrals for TYAs being treated at other network hospitals.
PCTS served/ Catchment Area:	TYA accessing the Oncology service at Christie with a cancer diagnosis
Name of Interventions (Individual or Group):	Individual support and group interventions
Psychological approaches and models?	Multiple evidence based models including: Cognitive-Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Eye Movement Desensitisation and Reprocessing (EMDR), Narrative Therapy, Compassion Focused Therapy (CFT), Neuropsychological assessment and recommendations.
Statutory of non-statutory?	Statutory



Composition of MDT Professionals:	Clinical Psychologists, CNS, YLVC Social Workers, Teenage Cancer Trust Youth Support Workers, Complimentary Therapy, AHPs. Patients aged >18yrs can also access the Psycho-oncology service at the Christie Hospital.
Service setting (e.g. Hospital or Community)	Hospital – Inpatient and Outpatient
Outcome Measures used?	PHQ-9, GAD-7, IAMS, Neuropsychological tests as per clinical trials and needs.
How to refer?	Via the TYA team or named Christie Consultant/CNS



## Paediatric Psychosocial Service Central Manchester

<b>Service Information</b>	
Name of Service:	Paediatric Psychosocial Service, Royal Manchester Children's Hospital
Name of Provider:	Oncology Service, RMCH, MFT NHS Trust
Postal Address:	Paediatric Psychosocial Service, Harrington Building, Royal Manchester Children's Hospital, Oxford Road, Manchester, M13 9WL
Contact Details – Phone:	0161 701 4525
Email:	paediatric.psychosocial@mft.nhs.uk
Website Address:	<a href="#">Paediatric Psychosocial Service - MFT CAMHS</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	Children and young people up to 18yrs.
Key inclusion/Exclusion criteria:	Oncology diagnosis. Must be under the care of RMCH consultant and have ongoing follow-up with RMCH centre. We do not accept sibling referrals. We



	do work with parents/carers when the focus of the work directly relates to the child's outcomes
PCTS served/ Catchment Area:	Children and Young People accessing the Oncology service at RMCH with a cancer diagnosis
Name of Interventions (Individual or Group):	Individual, family, and group
Psychological approaches and models?	Multiple evidence based models including: Cognitive-Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Eye Movement Desensitisation and Reprocessing (EMDR), Narrative Therapy, Compassion Focused Therapy (CFT), Neuropsychological assessment and recommendations.
Statutory or non-statutory?	Statutory
Composition of MDT Professionals:	Clinical Psychologists, Psychiatrists, Psychological Practitioners and assistant psychologists
Service setting (e.g. Hospital or Community)	Hospital – Inpatient and Outpatient



Outcome Measures used?	SDQ, PedsQL, Goal Based Outcomes and mood specific questionnaires e.g. RCADS
How to refer?	The RMCH MDT can refer patients via HIVE pathway Self-referrals may be accepted if family have already accessed service before



Primary Care Mental Health Service – NHS Talking Therapies (The Big Life Group)

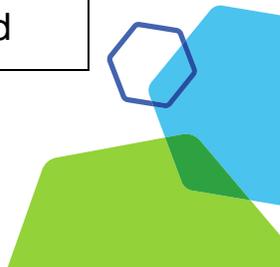
<b>Service Information</b>	
Name of Service:	NHS Talking Therapies Manchester
Name of Provider:	Greater Manchester Mental Health NHS Foundation Trust
Postal Address:	Zion Centre, 339 Stretford Road, Hulme, Manchester, M15 4ZY
Contact Details – Phone:	0161 271 0190
Email:	<a href="mailto:LTC@gmmh.nhs.uk">LTC@gmmh.nhs.uk</a>
Website Address:	<a href="https://www.thebiglifegroup.com/self-help/">https://www.thebiglifegroup.com/self-help/</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	No - NHS Talking Therapies accept referrals for those living with long term conditions (including cancer) who



	<p>are struggling with common mental health difficulties e.g. anxiety/depression.</p> <p>NHS Talking Therapies can tailor and adapt the therapy to support people where their difficulties are related to an experience of cancer, for example adjustment following diagnosis/treatment, or managing worries about the future.</p> <p>The service can support people who have, or have had a diagnosis themselves, and for their loved ones / relatives.</p>
<p>Age of client groups (Adults of children):</p>	<p>Adult (age 16 or 18 and above)</p>
<p>Key inclusion/Exclusion criteria:</p>	<p>Inclusion criteria:</p> <p>The individual must consent to a referral.</p> <p>Able and willing to attend weekly / fortnightly talking therapy sessions (in person, online, or telephone)</p> <p>Exclusion criteria:</p>



	<p>Requiring urgent input and support, for example around treatment adherence or acute psychological distress.</p> <p>Secondary care mental health services or specialist services (i.e. NMHTs) may be more suitable if someone is struggling with severe and enduring mental illness, alcohol or drug misuse, or high levels of risk where this would need to be the primary focus of intervention.</p>
<p>PCTS served/ Catchment Area:</p>	<p>Greater Manchester Residents</p>
<p>Name of Interventions (Individual or Group):</p>	<p>Individual, Group support, Online guided self-help (Silver Cloud)</p>
<p>Psychological approaches and models?</p>	<p>Talking Therapies offers a Stepped Care model. supporting people ranging from mild, to moderate, to more severe and complex difficulties (Step 2, Step 3, Step 3+).</p> <p>Therapies may include Counselling, Cognitive Behaviour Therapy (CBT), EMDR (trauma-focused</p>



	therapy), Acceptance and Commitment Therapy, Mindfulness-Based Cognitive Therapy, and much more.
Statutory of non-statutory?	Statutory
Composition of MDT Professionals:	Psychological Wellbeing Practitioners Counsellors High Intensity CBT Therapists Clinical Psychologists
Service setting (e.g. Hospital or Community)	Community
Outcome Measures used?	Standard IAPT measures PHQ-9 GAD-7
How to refer?	You can access our NHS Talking Therapies service by completing the online referral <b>Self-refer online via <a href="#">Talking Therapies Manchester Self Referral - The Big Life Group</a></b>



	Professional referrals accepted. Please visit: <a href="#">Talking Therapies Manchester Professional Referral - The Big Life Group</a>
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Macmillan Information Centre – Wythenshawe

<b>Service Information</b>	
Name of Service:	Macmillan Cancer Support Group (Wythenshawe)
Name of Provider:	Manchester Foundation Trust (MFT)
Postal Address:	Wythenshawe Hospital Southmoor Road Manchester M23 9LT
Contact Details – Phone:	0161 291 4876,
Email:	macmillan.info@mft.nhs.uk,
Website Address:	<a href="https://mft.nhs.uk/wythenshawe/services/macmillan-cancer-information-and-support-centre/">https://mft.nhs.uk/wythenshawe/services/macmillan-cancer-information-and-support-centre/</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	Adults, we can signpost to other agencies for anyone under the age of 18.



<p>Key inclusion/Exclusion criteria:</p>	<p>One-to-one and other groups: patients can only access if they are currently or have been previously under the care of Wythenshawe Hospital or Withington Hospital.</p> <p>For anyone affected by cancer, including patients, carers, professionals and the public</p>
<p>PCTS served/ Catchment Area:</p>	<p>As above, the service is primarily set up for patient who are currently or have been previously under the care of Wythenshawe Hospital or Withington Hospital.</p>
<p>Name of Interventions (Individual or Group):</p>	<p>Emotional support                  Counselling                  Couple counselling                  Psychosexual counselling                  Bereavement 1:1 support                  Caring and supporting somebody affected by cancer</p>



	<p>Centre support groups- Back 2 U, craft and chat, colour analysis, wig fitting, moving forward together programme and run a walking group.</p> <p>Also have information at Nightingale Centre, Neil Cliffe centre, Cecila and Withington Hospital.</p>
Psychological approaches and models?	Person centred approach
Statutory of non-statutory?	Non-statutory
Composition of MDT Professionals:	<p>Counsellors (which includes trainee/qualified volunteer counsellors)</p> <p>Psychosexual Therapist (3 hours weekly)</p>
Service setting (e.g. Hospital or Community)	Hospital
Outcome Measures used?	Only used by counsellors and psychosexual therapist
How to refer?	Telephone, drop in or telephone referral

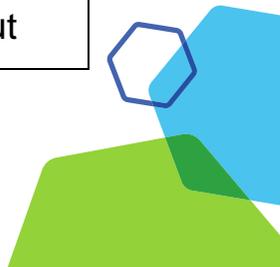


Maggie's Centre – Withington

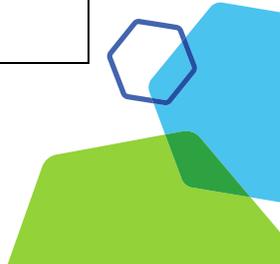
<b>Service Information</b>	
Name of Service:	Maggie's Centre (Withington)
Name of Provider:	Maggie's Centre
Postal Address:	The Robert Parfett Building The Christie Hospital NHS Foundation Trust 15 Kinnaird Road Manchester M20 4QL
Contact Details – Phone:	0161 641 4848
Email:	<a href="mailto:manchester@maggies.org">manchester@maggies.org</a>
Website Address:	<a href="https://www.maggies.org/our-centres/maggies-manchester/">https://www.maggies.org/our-centres/maggies-manchester/</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	Adults but also for their family/carers



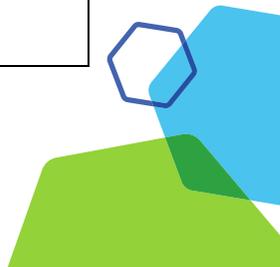
Key inclusion/Exclusion criteria:	No referral criteria “open door policy” --as long as they can get there.
PCTS served/ Catchment Area:	As long as they can get to the centre
Name of Interventions (Individual or Group):	<p>Individual support is available with cancer nurse specialists and can be accessed by dropping into the centre, no appointment is needed</p> <p>Individual support with a psychologist is available through referral through one of our cancer nurse specialists..</p> <p>Groups and course that are available</p> <p>Tumour specific support groups- Haematology, Prostate, Bowel, Lung, Gynae, Melanoma, HPB, Anal, Brain, Primary Breast, Secondary Breast, Triple Negative Breast, Sarcoma, Penile, Head &amp; neck, Friends and Family Support Group</p> <p>Supporting Children- support for parents or other care givers of children who have a relative with a cancer diagnosis. Focus is on how to talk to children about</p>



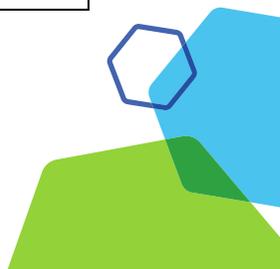
	<p>cancer, supporting children with their emotions and managing the personal emotional impact.</p> <p>Workshops</p> <p>Headwrappers- Hair loss support workshop</p> <p>Look Good, Feel Better- support focussed on dealing with appearance changes due to cancer</p> <p>Getting Started with Treatment- a range of workshops focussed on preparing to have cancer treatment, including SACT, radiotherapy and surgery.</p> <p>A weekly relaxation group</p> <p>Nutrition and cancer workshop- information on eating healthily and managing dietary challenges due to cancer and treatment.</p> <p>Exercise classes</p> <p>Tai Chi</p> <p>Yoga</p> <p>Rehabilitation through Movement</p> <p>Courses-</p>
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	<p>Living with Ongoing Cancer (aimed at people in the last 18 months of life and covers the range of issues that can arise around this time)</p> <p>Managing Stress- six week course on managing stress for anyone affected by cancer (patients, loved ones, people who are bereaved)</p> <p>Bereavement Group- a six-week group for people who are bereaved</p> <p>Where Now- Seven week course for people who have finished curative treatment for cancer, focussing on recovery and managing post-treatment challenges.</p> <p>Individual and groups (for patients and carers, including bereavement work)</p> <p>Groups led by a clinical psychologist including: Friend and Family Support Group, Managing Stress, Friends &amp; Family Course, and Where Now? Support beyond Treatment</p>
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Psychological approaches and models?	Multiple models including Compassion Focus Therapy, Acceptance and Commitment Therapy, and Cognitive-Behavioural Therapy.
Statutory or non-statutory?	Non-statutory
Composition of MDT Professionals:	Clinical Psychologists (2 Clinical Psychologist) Counselling Psychologists (1 counselling psychologist) 4 Cancer Support Specialists (3 cancer nurse specialists & 1 Therapeutic radiographer)
Service setting (e.g. Hospital or Community)	Community
Outcome Measures used?	Yes, but the choice of measures varies
How to refer?	Patient needs to make direct contact to Maggie's Centre and be triaged by the workers there (in relation to their psychological wellbeing). Following assessment, a decision will be made in regards to whether they will benefit from groups or 1:1 psychological assessment.



## Macmillan – North Manchester General Hospital

Service Information	
Name of Service:	Macmillan Counselling Service - North Manchester
Name of Provider:	Manchester Foundation Trust
Postal Address:	Macmillan Counselling Service Macmillan Cancer Information and Support Centre North Manchester General Hospital (Entrance 3) Delaunays Road Manchester M8 5RB
Contact Details – Phone:	0161 604 5244
Email:	counselling.macmillannmgh@mft.nhs.uk
Website Address:	<a href="https://www.cancercaremap.org/macmillan-cancer-support-information-centre-north-manchester/">https://www.cancercaremap.org/macmillan-cancer-support-information-centre-north-manchester/</a>
Psychological Intervention Details:	
Is the service primarily set up for patients with cancer?	Yes and others affected by cancer such a partners and carers



Age of client groups (Adults of children):	Adults
Key inclusion/Exclusion criteria:	For people affected by cancer only
PCTS served/ Catchment Area:	Anyone under the care of North Manchester General Hospital
Name of Interventions (Individual or Group):	Individual
Psychological approaches and models?	Person – Centred
Statutory of non-statutory?	Statutory
Composition of MDT Professionals:	Macmillan Counsellor and Psychological Support Coordinator (Band 6) plus qualified and student counsellors
Service setting (e.g. Hospital or Community)	Hospital
Outcome Measures used?	Core – 10 Client Feedback
How to refer?	Both self-referrals and professional referrals accepted, please call us to discuss your situation



## Macmillan – Central Manchester

Service Information	
Name of Service:	Macmillan Cancer Information and Support Service (Manchester Royal Infirmary)
Name of Provider:	Macmillan
Postal Address:	The Macmillan Cancer Information and Support Centre Main Outpatient Department at Manchester Royal Infirmary, Oxford Road, Manchester, M13 9WL
Contact Details – Phone:	0161 276 6868
Email:	cancer.information@mft.nhs.uk
Website Address:	<a href="https://mft.nhs.uk/mri/services/cancer/the-macmillan-cancer-information-and-support-service/">https://mft.nhs.uk/mri/services/cancer/the-macmillan-cancer-information-and-support-service/</a>
Psychological Intervention Details:	
Is the service primarily set up for patients with cancer?	Yes



Age of client groups (Adults of children):	18 and Over
Key inclusion/Exclusion criteria:	Patients affected by cancer (family members with bereavement difficulties will be signposted to other services)
PCTS served/ Catchment Area:	MFT Patients within the Trust
Name of Interventions (Individual or Group):	1:1 Only
Psychological approaches and models?	
Statutory of non-statutory?	Non- Statutory
Composition of MDT Professionals:	Counsellor (1) Lead counsellor
Service setting (e.g. Hospital or Community)	Hospital
Outcome Measures used?	Core-10
How to refer?	Nurses can make a referral via email or telephone. Workers at the centre can also make a referral for patients to access counselling services.



**Chai Cancer Care – South Manchester**

<b>Service Information</b>	
Name of Service:	Chai Cancer Care
Name of Provider:	Chai Cancer Care
Postal Address:	Chai Cancer Care Heathlands Village Heathlands Drive Prestwich Manchester M25 9SB
Contact Details – Phone:	0161 772 4760
Email:	<a href="mailto:info@chaicancercare.org">info@chaicancercare.org</a>
Website Address:	<a href="#">Chai Cancer Care – Together we can cope</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes
Age of client groups (Adults of children):	Adult, children and older adults



Key inclusion/Exclusion criteria:	Patients or their family members need to have connection with the Jewish community
PCTS served/ Catchment Area:	Support for GM Residents and nationally. They can offer certain services remotely.
Name of Interventions (Individual or Group):	Individual counselling - <a href="#">Counselling – Chai Cancer Care</a> Group—Various groups available - <a href="#">Group Activities – Chai Cancer Care</a> Various groups depending on the area
Psychological approaches and models?	
Statutory of non-statutory?	Non Statutory
Composition of MDT Professionals:	Counsellors Child therapists Complementary Therapists Nutritionists Physiotherapists
Service setting (e.g. Hospital or Community)	Community



Outcome Measures used?	MYCAW (Measure Yourself Concerns and Wellbeing)
How to refer?	Self-referral or professional referrals accepted – Telephone 0161 772 4760



## Yaran – Greater Manchester

<b>Service Information</b>	
Name of Service:	Yaran Northwest
Name of Provider:	Yaran Northwest
Postal Address:	307 Dickenson Road, Longsight, M13 0WY
Contact Details – Phone:	07360162260
Email:	<a href="mailto:info@yarannorthwest.com">info@yarannorthwest.com</a>
Website Address:	<a href="http://www.yarannorthwest.com">www.yarannorthwest.com</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	No
Age of client groups (Adults of children):	18+
Key inclusion/Exclusion criteria:	Residents of Greater Manchester from Farsi, Dari, Arabic, Turkish, Kurdish or Urdu speaking communities
PCTS served/ Catchment Area:	Greater Manchester
Name of Interventions (Individual or Group):	Individual or Group
Psychological approaches and models?	Counselling, CBT, CB, EMDR, NEW, TA, Integrative



Statutory of non-statutory?	Both
Composition of MDT Professionals:	Counselling/Psychotherapists
Service setting (e.g. Hospital or Community)	Community
Outcome Measures used?	PHQ9, GAD7, WEMWBS, PCL-5
How to refer?	<a href="http://www.yaranorthwest.com">www.yaranorthwest.com</a> Please add referrer details. Professional and self referrals accepted.



## Being There – Greater Manchester

<b>Service Information</b>	
Name of Service:	Counselling Service
Name of Provider:	Being Heard Counselling Service
Postal Address:	The grange community centre Pilgrim drive Beswick Manchester M11 3TQ
Contact Details – Phone:	
Email:	<a href="mailto:referrals@beingthere.org.uk">referrals@beingthere.org.uk</a>
Website Address:	<a href="http://www.beingthere.org.uk">www.beingthere.org.uk</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	No, for individuals with a life limiting illness
Age of client groups (Adults of children):	Adults
Key inclusion/Exclusion criteria:	Life limiting illness. For any adult living with a life limiting illness and their carer/loves ones



PCTS served/ Catchment Area:	Greater Manchester
Name of Interventions (Individual or Group):	Individual
Psychological approaches and models?	Person Centred
Statutory of non-statutory?	Non Statutory
Composition of MDT Professionals:	Counsellors Student Counsellors
Service setting (e.g. Hospital or Community)	Community
Outcome Measures used?	MDS and individual feedback questionnaire
How to refer?	Via telephone or website referral. Self referrals accepted.

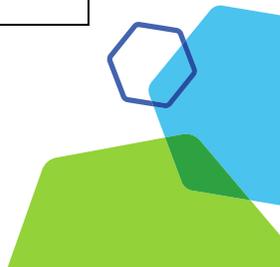


Can – Survive UK

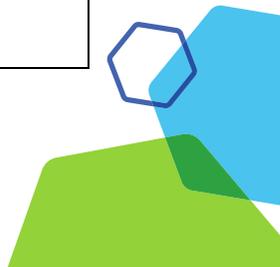
<b>Service Information</b>	
Name of Service:	Cancer Support & Community Engagement Service
Name of Provider:	Can-Survive UK
Postal Address:	Kath Locke Centre 123 Moss Lane East Manchester M15 5DD
Contact Details – Phone:	0161 232 1286
Email:	<a href="mailto:info@can-survive.org.uk">info@can-survive.org.uk</a>
Website Address:	<a href="http://www.can-survive.org.uk">www.can-survive.org.uk</a>
<b>Psychological Intervention Details:</b>	
Is the service primarily set up for patients with cancer?	Yes – for people affected by cancer (patients, survivors, and family members/carers)



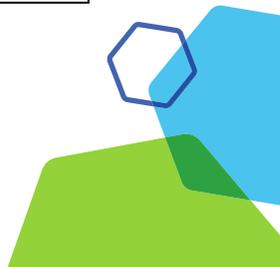
Age of client groups (Adults of children):	Adults (18+)
Key inclusion/Exclusion criteria:	Inclusion criteria: <ul style="list-style-type: none"> <li>• Individuals diagnosed with cancer (any stage)</li> <li>• People living with and beyond cancer</li> <li>• Family members, carers, and close relatives affected by a cancer diagnosis</li> <li>• Individuals experiencing emotional, psychological, social, or practical challenges related to cancer</li> <li>• Priority focuses on underserved African-Caribbean and ethnically diverse communities</li> </ul>
PCTS served/ Catchment Area:	<ul style="list-style-type: none"> <li>• Greater Manchester</li> <li>• Open to referrals across Manchester ICB footprint</li> <li>• Community-based outreach with targeted engagement in underserved populations</li> </ul>



Name of Interventions (Individual or Group):	Individual and group-based cancer support. For example: <ul style="list-style-type: none"> <li>• One-to-one and group counselling and talking therapy</li> <li>• Family support and advocacy</li> <li>• Peer support and community wellbeing sessions</li> <li>• Culturally tailored group programmes</li> <li>• Signposting and supported referrals to health, social care, and voluntary services</li> <li>• Practical support (appointments, system navigation, benefits advice signposting)</li> </ul>
Psychological approaches and models?	<ul style="list-style-type: none"> <li>• Person-centred and strengths-based support</li> <li>• Trauma-informed and culturally responsive practice</li> <li>• Community-based and relational models of support</li> </ul>
Statutory of non-statutory?	Non-statutory
Composition of MDT Professionals:	<ul style="list-style-type: none"> <li>• CEO/Founder</li> </ul>



	<ul style="list-style-type: none"> <li>• Strategic Lead</li> <li>• Finance and Admin</li> <li>• Family Support &amp; Community Engagement Worker</li> <li>• Cancer support workers</li> <li>• Monitoring, Evaluation &amp; Research worker</li> <li>• Volunteers</li> </ul>
<p>Service setting (e.g. Hospital or Community)</p>	<p>Community setting</p>
<p>Outcome Measures used?</p>	<ul style="list-style-type: none"> <li>• Self-reported wellbeing measures (mental, emotional, physical wellbeing)</li> <li>• Service user feedback and reflective outcomes</li> <li>• Social connectedness and isolation indicators</li> <li>• Engagement and participation metrics</li> <li>• Qualitative feedback, testimonials, and case studies</li> </ul>



	<ul style="list-style-type: none"><li>• Service monitoring data aligned to funder requirements</li></ul>
How to refer?	<ul style="list-style-type: none"><li>• Professional referral (e.g. NHS, GP, PCN, community organisations)</li></ul> <p>Self-referral via email- <a href="mailto:info@cansurvive.org.uk">info@cansurvive.org.uk</a> or <a href="mailto:familysupportworker@cansurvive.org.uk">familysupportworker@cansurvive.org.uk</a>. Contact- 07950314676/0161 232 1286</p>

