

## Cancer Health and Wellbeing Hub

Online information and support for people affected by Cancer



## The health and wellbeing hub can help you with:

- Practical Support
- Financial Support
- Emotional Support
- Exercise and Eating Well
- Charities and Local Support
- and much more...

Use the camera on your smartphone and scan the QR code.

If you are struggling, ask a member of staff to help you or type in the website address below:

bit.ly/GMCancerheal thandwellbeinghub



**Brought to you by** 



**Supporting People Affected by Cancer**