## BREAST CANCER ENDOCRINE THERAPY (BCET) CLINIC



### Greater Manchester Cancer Alliance

# The Christie NHS Foundation Trust

#### **PURPOSE**

Around 2000 women are diagnosed with breast cancer in Greater Manchester each year. Approximately two thirds of these cancers are oestrogen receptor positive. These patients are usually treated with a 5- or 10-year course of endocrine therapy (ET) to reduce risk of recurrence. Some women experience such debilitating side effects from ET that they stop taking it, which increases risk of recurrence and results in an increased mortality rate.

This pilot aims to develop and implement a GMwide endocrine therapy side-effect clinic based at The Christie, providing solutions to the significant and mostly un-met medical needs of a diverse patient cohort.

We provide access to a layered support package overseen by a multi-disciplinary team to enable management of highly debilitating side-effects and personalised decision-making to improve outcomes and wellbeing.

#### **OUTCOMES**

- Improved patient and caregiver experience
- Reduction in bothersome menopausal symptoms
- Improvement in quality-of-life scores
- Potential reduction in overall active treatment costs
- Potential reduction in number of follow up appointments
- Potential for income generation through research grants and research programmes

#### **HOW TO REFER**

- Complete the referral proforma (scan QR)
- Send to: the-christie.new-referrals@nhs.net
- Subject line: 'New Referral BCET [NHS number] [Christie number (if applicable)]

#### **EXCLUSION CRITERIA**

- Patients who have not been diagnosed with breast cancer
- Patients with metastatic disease (pilot only)
- Patients from outside Greater Manchester (pilot only)
- Patients who have not tried standard first-line treatment

#### **FIND OUT MORE**



the-christie.bcet@nhs.net



gmcancer.org.uk/cancer-pathwayboards/breast/endocrine-therapy/

