

# Live Well with Cancer

## Stockport Locality Report



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## Executive Summary

In May 2021 Mayor Andy Burnham pledged in his manifesto to create a *holistic, specific* “Live Well with Cancer” programme in Greater Manchester. The premise of this pledge is that everyone who has received a cancer diagnosis deserves high quality care that addresses their wider health and wellbeing needs. However, there is no consistent way across Greater Manchester for someone newly diagnosed to find out about the support available to them, and for all their needs to be assessed.

In response to the manifesto commitment, Greater Manchester Cancer, Greater Manchester Integrated Care, Greater Manchester Combined Authority and Macmillan Cancer Support, have come together to create the *Greater Manchester Live Well with Cancer Programme*. This programme aims to join up the different forms of care and support already available, or in development, across Greater Manchester. This will be done using an iterative approach across each locality producing a report for each of these boroughs which will feed into a final finding and evaluation document covering the whole of Greater Manchester.

This report will explore the discoveries made when we worked with key stakeholders in Stockport to scope out what it would take to build a *Live Well with Cancer* offer. Through working together via 1:1 meetings, service provider visits and online steering group meetings between November 2024 and February 2025, we were able to build a picture of what is already in place for people affected by cancer.

Our time in this locality culminated in a stakeholder engagement event where key individuals came together to examine how it would be possible to build on this and what a great Live Well with Cancer (LWwC) offer in Stockport could be.

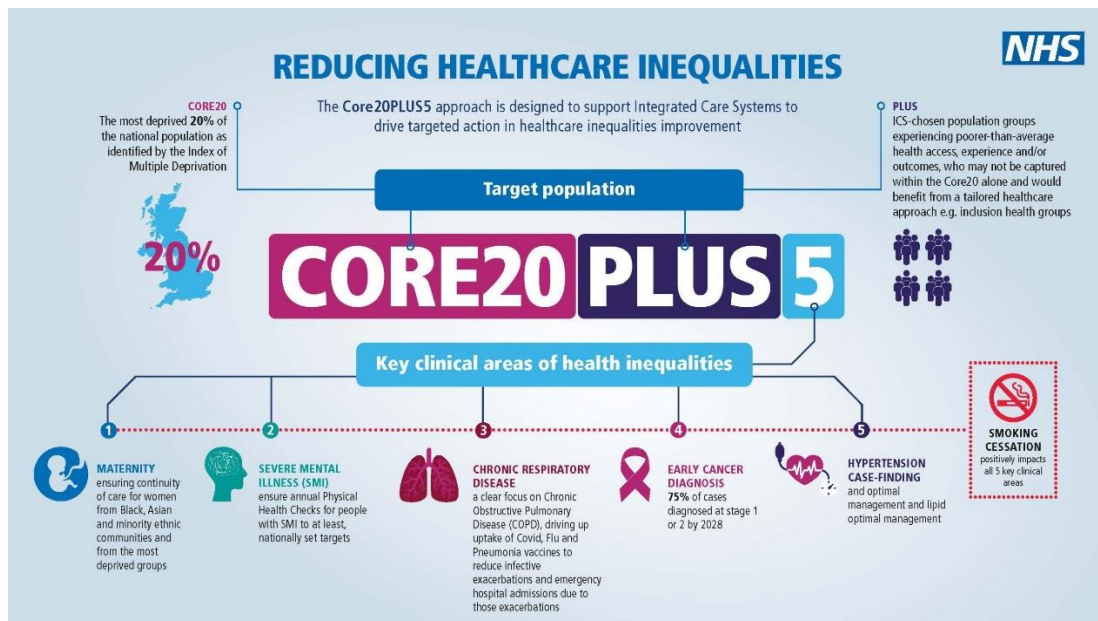


# Introduction

Made up of 10 boroughs and two cities, **Greater Manchester** covers an area of 493 square miles. It is the second largest urban area in the United Kingdom, after Greater London<sup>1</sup>.

The population of Greater Manchester, according to the 2021 Census, was 2,867,769. The population growth rate in Greater Manchester between 2011 and 2021 was 6.9% (185,241 more residents), higher than both England (6.6%) and the North West (5.2%).<sup>2</sup> Statistics also show that the population increases across virtually all ethnic minority groups have been a big factor in the growth of Greater Manchester’s total population. In 2021, there were some 281,000 more residents from Asian, Black, Mixed and ‘Other’ populations in Greater Manchester than in 2011, an increase of 51.9%.

The Health and Care Act 2022 introduced a range of Integrated Care Board (ICB) with obligations in relation to health inequalities, which should underpin everything we do. To help guide action, NHS England has developed an approach – ‘Core20PLUS5’ – which focuses on reducing inequalities by targeting efforts at the most deprived 20% of the national population<sup>3</sup>.



Core20Plus5 Infographic, NHSE, 2021<sup>3</sup>

By working with our colleagues in the Greater Manchester Integrated Care Partnership we will ensure that we align with their proposed Equality Objectives and associated actions aligned to this approach<sup>4</sup>.

The boroughs of Greater Manchester are incredibly diverse with health and social care delivered by different providers. By employing a place-based approach to the scoping, mapping and engagement process that redefines services, and puts individuals, families and communities at its heart, we can understand the offer for people affected by cancer and any gaps that need to be addressed. By working with partners across the health and social care system including the VCSE sector and user led/community organisations we can ensure the right care and support is offered to the population of Greater Manchester.

This programme aims to become a blueprint for extending and embedding systematic, proactive holistic support for other health conditions beyond cancer.

<sup>1</sup> [Manchester Population 2023 – UK Population Data](#)

<sup>2</sup> [230514\\_population\\_final.pdf \(greatermanchester-ca.gov.uk\)](#)

<sup>3</sup> [NHS England » Core20PLUS5 \(adults\) – an approach to reducing healthcare inequalities](#)

<sup>4</sup> [Item 1 - equality-objectives-1.pdf \(gmintegratedcare.org.uk\)](#)



## Stockport Locality

The Borough of Stockport lies in the South-East of Greater Manchester, sharing borders with Tameside, Manchester and Cheshire East, where residents may travel to access health and wellbeing information and support (HWBIS) and vice versa. As of 2022, Stockport has a population of 297,107 (approximately 10.5% of Greater Manchester’s population) making it the fourth-most populous borough of Greater Manchester.

Stockport has areas of very high deprivation and large areas where deprivation is relatively low. This is evidenced by the fact that Stockport has both the most and least deprived electoral ward and GP Practice in Greater Manchester. Stockport is the 9th most deprived of the 10 Greater Manchester Boroughs<sup>5</sup>. Despite this, some areas in Stockport rank in the 1% most deprived nationally and 7,250 people in Stockport live in these areas of highest deprivation. 17% of Stockport’s areas are ranked in the most deprived national quintile.<sup>6</sup> Brinnington and Lancashire Hill (Central) are the most deprived areas in the borough. The Stockport JSNA ([Appendix 1](#)) identifies inequalities as “the biggest single challenge for Stockport’s health”.

The most commonly spoken 1<sup>st</sup> or main languages in Stockport after English (95.7%) are Urdu (0.55%), Persian or Farsi (0.47%), Polish (0.36%), and Arabic (0.27%)<sup>7</sup>.

The ethnicity breakdown for Stockport is as follows:

	<i>count</i>	<i>%</i>
<i>All usual residents</i>	294,770	100.0
<i>Asian, Asian British or Asian Welsh</i>	21,464	7.3
<i>Black, Black British, Black Welsh, Caribbean or African</i>	3,416	1.2
<i>Mixed or Multiple ethnic groups</i>	7,668	2.6
<i>White</i>	257,530	87.4
<i>Other ethnic group</i>	4,692	1.6

Cancer is the most significant cause of death for those aged 50-79 in Stockport, and in 2021 accounted for 27.5% of the total deaths across all ages. The most prevalent cancer types are Lung and Colorectal.<sup>8</sup>

## Live Well with Cancer – Stockport

Working with NHS, local authority and community organisations in Stockport, the aim is to deliver personalised cancer care, providing people with access to care and support that meets their varied and individual needs. Support should start from the moment of diagnosis to enable people to live full, healthy lives and to be as active as possible.

Building on Stockport services and systems already in place, the programme focuses on how we can knit those excellent services together around people affected by cancer. It will amplify the great offers already available, identifying where there may be gaps particularly for minority groups, and shaping this understanding into a clear offer for people living with cancer in the area. With 1 in 2 of us now being affected by cancer<sup>9</sup> there has never been a more important time to explore what care and support is available.

<sup>5</sup> <https://dashboards.instantatlas.com/viewer/report?appid=0d1fdf43ebbd4727ac9be5d71e77e878>

<sup>6</sup> <https://www.Stockport.gov.uk/asset-library/Stockport-locality-plan-about-Stockport.pdf>

<sup>7</sup> <https://www.censusdata.uk/e08000007-stockport/ts024-main-language-detailed>

<sup>8</sup> <https://www.stockport.gov.uk/documents/jsna-documents>

<sup>9</sup> [Carroll - NHS \(www.nhs.uk\)](https://www.nhs.uk)



## Results from HWBIS survey (highlights)

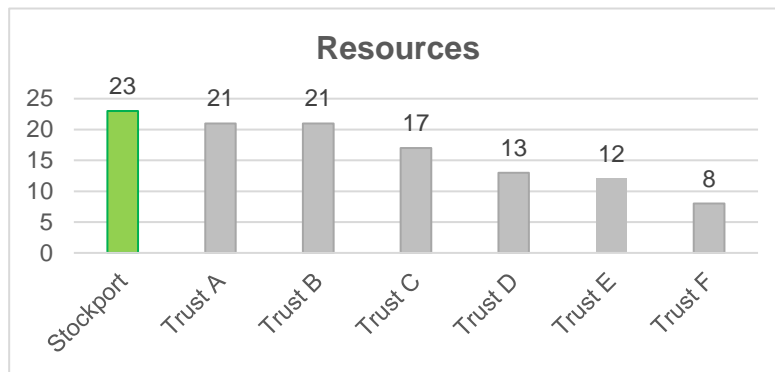
Between January and March 2023, cancer services across GM were asked to complete a survey of their Health and Wellbeing offer, including support offered ‘in house’ and details of where patients are referred for support with specific needs.

The survey is based on a self-assessment checklist which was co-produced by the NHS England National Cancer Team and Cancer Alliances, along with Alliance partners, patient and public voices representation and first circulated in GM in 2020/21.

Services were asked about the types of resource offered relating to the following areas:

Pre-treatment	Psychological Impact	Finance
Health Promotion	Complementary	Work
Patient Activation	Therapies	
Recurrence	Late Effects	

Responses were received from 5 services. Services identified on average 23 resources each which is above average for the GM footprint (16), although 2 services provided significantly fewer than the average (HPB - 6, Head & Neck - 1) and one significantly more (Urology – 65).



## Quality of Life & Carer Support

Services were asked about their offer for carers and family of people with cancer, and with respect to the 11 areas of focus in the Cancer Quality of Life Survey<sup>10</sup>:

Appetite problems	Late effects/treatment toxicity	Nutrition
Bowel problems	Sexual difficulties	Pain
Breathing difficulties	Musculoskeletal problems	Psychological impact
Fatigue/sleep difficulties	Nausea/vomiting	

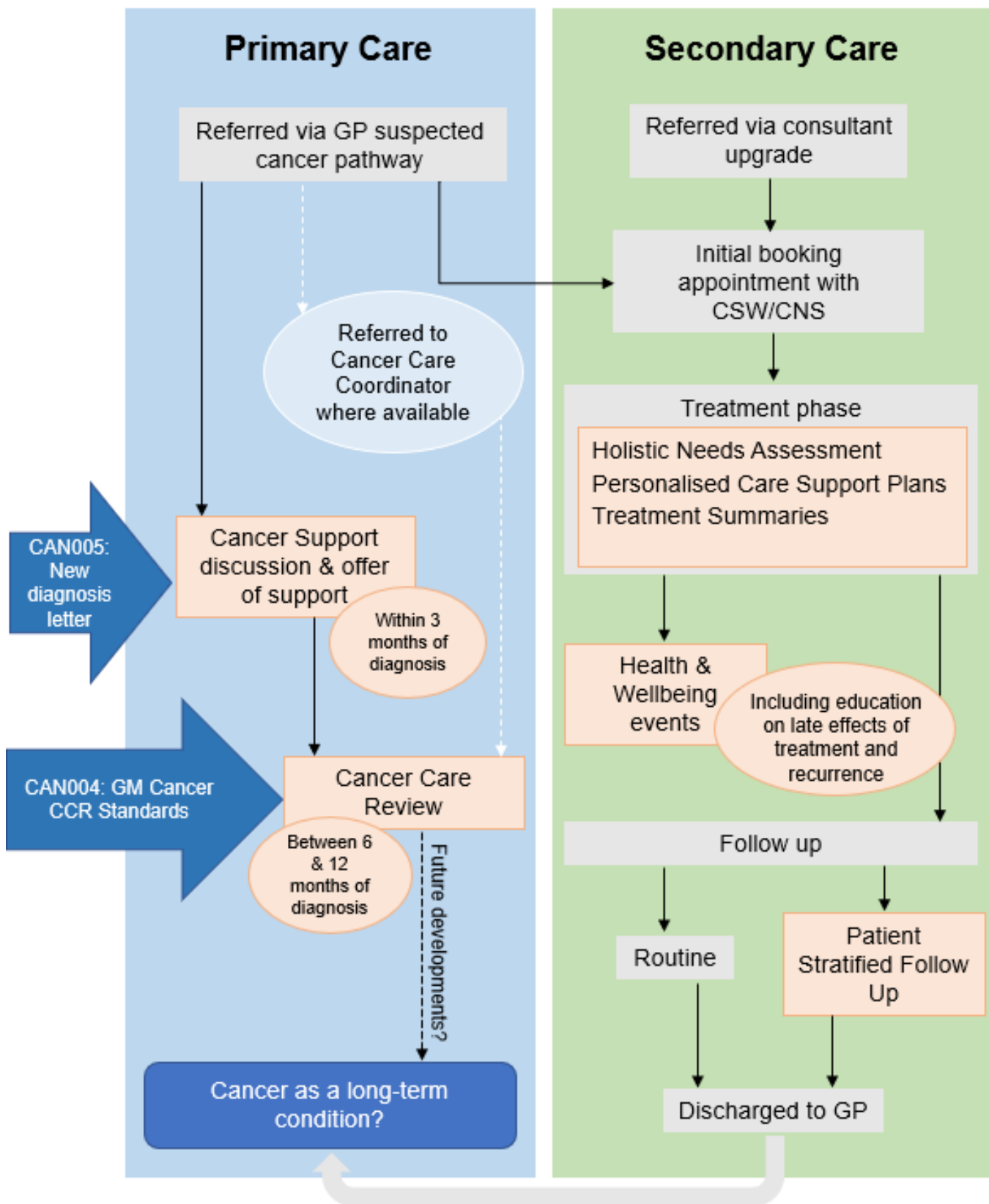
Services reported offering support within their own service for an average of 2 of these problems, and referring to other resources for an average of 4.

3 out of 5 services stated that they provide support to carers and family of people with cancer.

## Conclusion

The data gathered from this exercise has supported the work of the Live Well with Cancer programme by identifying local resources in the Stockport area that work to support people affected by cancer. Whilst not all services responded to the survey and some responses were of limited value due to lack of completeness, the process has provided the LWwC workstream with a solid foundation to work from.

# The Patient Pathway



**Key:** Personalised Care interventions GM Cancer Alliance developments



## Interventions & Resources

The steps below show what health and wellbeing information and support is offered in Stockport, mapped against the patient pathway. A summary of this information is available in an infographic format ([Appendix 6](#)).



### Point of referral

The time between referral and a confirmed diagnosis can often be fraught with worry and uncertainty. There are multiple sources of support available prior to a cancer diagnosis including financial, work and career, peer, family & carer, homelessness, minority group support, children/teenage & young adults, older people, social isolation, and psychological support.

### The Local Picture

The [Stockport's online directory](#), maintained by Stockport Council is an excellent place to start when looking for support at this time. [Cancer Care Map](#) is a national organisation which can be used to identify cancer specific support information based on a postcode search. **Healthwatch Stockport** also provides a signposting resource to supportive resources through their [Advice and Information Services](#) directory, and [Healthy Stockport](#) has a range of self-care information including links to mental health and wellbeing support.

This would also be a good time to link in with the local [Social Prescribing](#) offer provided by **Viaduct CIC** - Stockport's GP Federation. Social Prescribers support people to access a range of non-medical services and activities in their local community to support their health and wellbeing. They listen to people to find out what matters to them, what changes they would like to make in their lives and help identify the best ways to achieve those changes. Their strengths-based approach helps reduce use of GP surgeries, calls to 111 and 999, visits to A&E and avoidable emergency hospital admissions, reducing crisis management of care support by connecting people to people, places and community groups and activities local to them.

Referrals to Social Prescribing can be made by the patient themselves or a health care professional via the referral form [here](#). Further information or to discuss the suitability of a referral, please contact 0161 2498290.

Financial concerns can arise at this time and throughout the cancer experience. Advice about benefits and other financial support can be obtained via [Citizens Advice Stockport, Oldham, Rochdale and Trafford \(CASORT\)](#) where specially trained Macmillan welfare advisors provide welfare benefit advice and assistance to people affected by cancer across their operating footprint. Their freephone advice line is available Monday to Friday, 8:30am to 5:30pm on 0808 278 7803. Drop ins are available in [several locations](#) across the Stockport locality and referrals can be made using this [link](#).

Unfortunately, Stockport does not currently have a Macmillan Centre, which has been identified by local organisations as a significant missing piece in the cancer support offer for the area. Plans are in development to build one on the Stepping Hill Hospital site, however there is currently no expected date for completion of this work.







## Booking appointment

Around this time patients should routinely be offered a holistic needs assessment (HNA). A HNA is an assessment and discussion that may be had with a patient with someone from their healthcare team, more information about these can be found here [Having a Holistic Needs Assessment | Macmillan Cancer Support](#).

The Greater Manchester Cancer Alliance Personalised Care Team are working with Stockport NHS FT to improve the uptake and quality of HNA's and personalised care support plans (PCSP) which are produced as a result of these assessments and include signposting information to useful resources. The timing of a HNA will be dependent on the pathway/tumour group as not all will be offered one early in the pathway. Ideas and actions from the PCSP are followed up with referrals where appropriate.

**In England, [prescriptions are free](#) for anything related to cancer or its effects. Patients must complete a form available from their GP or treating team.**

### The Local Picture

At this time it may be appropriate for patients to engage in interventions such as smoking cessation, alcohol management or dietary changes. these services can be accessed by contacting [START](#) (Stockport Triage and Referral Team) who can support you into the most appropriate service

It may also be possible for a patient to be referred to [Prehab4Cancer](#). This free programme is suitable for people preparing for, or recovering from, cancer treatment or surgery. The programme is designed to help people take control, improve their quality of life and live well with, or beyond cancer. It involves exercise to improve fitness levels prior to, or after, treatment, nutritional advice and general wellbeing support.

The Prehab4Cancer programme lasts for up to 6 months. Throughout the programme participants have regular contact with a Level 4 Cancer Rehabilitation Specialist. In Stockport it is provided by [GM Active](#) at [Life Leisure](#) facilities. Life Leisure also offers the [Physical Activity Referral in Stockport](#) (PARiS) scheme, a six month exercise referral scheme which offers a variety of interventions including supervised gym sessions, falls prevention and online exercise sessions. Referrals can be made by individuals or clinicians via the [online referral form](#). Due to high demand there is currently a wait of 3-4 weeks for this service.

Patients can also access [Maggie's Manchester](#) where support, financial advice and workshop sessions are delivered in a beautiful purpose built centre. The centre can be accessed without an appointment anytime between 9am and 5pm, Monday to Friday. For more information, contact the centre on 0161 641 4848, or via email [manchester@maggies.org](mailto:manchester@maggies.org).

If there are children or young people (age between 6-25) in a family affected by cancer, they can be referred to [Signpost Young Carers](#) for an assessment of their needs. Signpost will assess the whole family and can provide support to younger family members to help them cope with the impact of a loved one's cancer diagnosis through 1:1 support, group work, days out and counselling. They work closely with the educational settings around Stockport to ensure continual support can be provided to minimise the emotional, physical, mental, social and academic impact on the Young Carer. (Contact: 0161 947 4690, email [david@signpostforcarers.org.uk](mailto:david@signpostforcarers.org.uk) or text Katy on 07540 722371.)

If support is needed further afield than Stockport, perhaps closer to family or friends, [Cancer Care Map](#) is a simple, online resource that helps people find cancer support services in their local area wherever they are in the UK. Cancer Care Map is run by The Richard Dimbleby Cancer Fund charity.





## Treatment

During the treatment phase patients and their family/loved ones are often focussed on attending appointments and receiving treatment. Their life is largely dictated to them by the patient pathway for their cancer type. In some tumour groups another HNA may be offered at this time and the support offered can change as a result of this. For example 50% of patients experience significant psychological distress during and after treatment. It is also not just cancer patients who suffer psychologically. 67% of carers experience anxiety and 42% experience depression. Of these over three quarters do not receive any support.<sup>11</sup>

The patient should receive a letter or phone call from their GP practice to offer the opportunity for a discussion about the support available from primary care. This contact should occur within 3 months of diagnosis ([Patient Pathway](#) - CAN005).

### The Local Picture

Patients may need to attend any of the trusts across GM depending on the treatment they are receiving. With a view to enabling treatment closer to home, chemotherapy and other Systemic Anti-Cancer Therapy (SACT) are delivered at the [Christie cancer unit at Stepping Hill](#), and [St Ann's Hospice](#) in Heald Green hosts phlebotomy clinics for patients of The Christie Hospital throughout the week.

[Beechwood Cancer Care Centre](#) offers a wealth of support to those affected by cancer, and their loved ones at any point during the cancer experience. Their offer includes counselling, wellbeing and exercise sessions, bereavement support and holistic therapies such as Reiki, aromatherapy and reflexology. They also provide specialised support to young people impacted by cancer. (Contact: 0161 476 0384 or via [enquiries@beechwoodcancercare.co.uk](mailto:enquiries@beechwoodcancercare.co.uk)).

Members of the Jewish community of Stockport and surrounding areas can access support from [Chai Cancer Care](#) in Didsbury (contact: [info@chaicancercare.org](mailto:info@chaicancercare.org), 020 8202 2211). Chai offers a calm space where patients and their loved ones can access numerous services including counselling, complementary therapies, support groups, practical advice and physiotherapy. The centre also works closely with the NHS to identify and support men and women affected by the BRCA gene and offers dedicated support groups. To access support call 0808 808 4567.

The psychological impact of cancer can be far reaching. If symptoms persist or worsen, patients can [self-refer](#) or be referred by a professional to [NHS Stockport Talking Therapies](#) (contact: 0161 716 5640). The service also offers an online programme called [Silver Cloud](#) which has online modules to help improve the mental health and emotional wellbeing of those experiencing low mood, stress or anxiety. [Beacon Counselling Service](#) can also offer emotional support through their free counselling services, accessed by completing the registration form on their website. (Contact: [admin@beacon-counselling.org.uk](mailto:admin@beacon-counselling.org.uk), 0161 440 0055)

If a patient's needs increase during treatment, family members and those providing support can request a Carers Assessment through [Signpost for Carers](#) or Signpost Young Carers (for those aged 6-25). They can access support, financial advice, counselling and respite from caring. (Contact: 01614420442 for the Adult Carers and 0161 947 4690 for Young Carers or email [info@signpostforcarers.org.uk](mailto:info@signpostforcarers.org.uk).)

<sup>11</sup> Cardy P. Worried Sick: The emotional impact of cancer. Macmillan Cancer Support. 2006.





## End of Treatment

At the end of each episode of treatment (surgery, chemotherapy, radiotherapy etc) the patient should receive a treatment summary and then an end of treatment summary at the end of active treatment detailing all of the interventions and care given.

The treatment summary tells the patient, GP and other health professionals in the community what treatment has been given, what the patient needs might be, what ongoing support may be required including late effects of treatment, who to contact at the hospital if there are any questions or concerns. It also helps the patient understand their cancer and gives them the choice to share it with other professionals if necessary. Treatment summaries also help the GP to do a Cancer Care Review.

### The Local Picture

#### Treatment Summaries

The tumour specific pathway boards in Greater Manchester have co-produced a number of treatment summaries to ensure that a standardised document is provided wherever they live and whichever Hospital they attend. A treatment summary is a document which is produced at the end of an episode of treatment such as surgery, radiotherapy or chemotherapy, providing a record of what has been done during that treatment.

#### End of Treatment Summary

At the end of their treatment patients will receive a written document, the End of Treatment Summary (EOTS), which is **written for patients** and contains personalised information about their care. A copy is also sent to the patient's GP.

The EOTS aims to prepare patients to enter onto a self-management pathway and includes information such as:

- diagnosis
- summary of all treatment to date
- key contact numbers
- actions for GP
- red flag symptoms requiring follow up/emergency attention
- symptoms of side effects and late effects of treatment
- follow up plans
- details of any referrals that have been made
- health and wellbeing advice

Further information about the contents and benefits of an EOTS can be found on the [GM Cancer Website](#) and our [GM Personalised Care Futures Pages](#) (login needed). This page also includes a library of existing approved EOTS's which will be added to as they are approved. The personalised care team will maintain a spreadsheet of signed off letters for all specialties with review dates.





## Follow up

After cancer treatment, patients will have follow-up care from their healthcare team to make sure everything is going well and to provide an opportunity to discuss any concerns they may have. The method of follow up will vary depending on the cancer pathway that patients are on, their treating trust and their individual needs,

### The Local Picture

The Greater Manchester Cancer Alliance Personalised Care team is working to embed personalised stratified follow up into the business as usual follow up process at all trusts in Greater Manchester in the breast, colorectal, gynaecological and prostate pathways.

#### Personalised Stratified Follow-up (PSFU)

Depending on the patient's individual circumstances, a decision about follow up will be made by their clinician and/or Multi-disciplinary Team (MDT) team once active treatment has been completed. Stratification is based on clinical need. Follow up can take the form of either:

- consultant-led follow up in an outpatient clinic setting, or
- supported self-management with remote monitoring

Patients stratified to the remote monitoring option within PSFU will have an end of treatment appointment where all aspects of their treatment and care are discussed. These patients will still be followed up by the treating trust with tests (eg blood tests, x-rays and scans) as close to their home as possible, but will not have to travel back to hospital for unnecessary appointments if the results show no cause for concern.

Stratified follow up improves patient experience and quality of life for people following treatment for cancer, as well as making services more efficient and cost-effective<sup>12</sup>. Having a Personalised Stratified Follow Up (PSFU) pathway means patients know that when they complete primary treatment they will be offered:

- Rapid access back to their cancer team, including telephone advice and support, if they are worried about any symptoms, including possible side effects of treatment.
- Regular surveillance scans or tests (depending on cancer type), with quicker and easier access to results so that any anxiety is kept to a minimum.

It is important that any clinical concerns patients have between appointments are raised with the hospital team. Details of how to access the team will be included in the [treatment summary](#).

Further information about PSFU and its benefits can be found on the [GM Cancer website](#).

<sup>12</sup> <https://www.england.nhs.uk/wp-content/uploads/2020/04/cancer-stratified-follow-up-handbook-v1-march-2020.pdf>



## Health & Wellbeing

Health and wellbeing information and support includes the provision of accessible information about emotional support, coping with side effects, financial advice, getting back to work and making healthy lifestyle choices.

This support will be available before, during and after cancer treatment although a patient's needs may change during this time.

### The Local Picture

[Stockport's online directory](#) is a very useful resource at this stage, signposting to a variety of support services and special interest groups in the area to provide social support. Similarly, [Cancer Care Map](#) will point people in the direction of helpful resources, filtered by postcode.

For patients on the prostate pathway, charity [Prostate Cancer Support](#) hosts a support group on the 2<sup>nd</sup> Wednesday of every month at Dunelm Restaurant, St. Marys Way, Stockport SK1 2HU. Contact the local organisers Richard Ridyard (07723 362 913/[rjridyard@gmail.com](mailto:rjridyard@gmail.com)) or Steve Wilson (07940 566 604) for more information.

[Healthy Stockport](#) has self-care information and links to local support to help maintain a healthy lifestyle and live well with a long term condition. Contact START for support with weight management, stopping smoking, to reduce/stop using drugs and/or alcohol. [Self-refer](#) , **email** [START@stockport.gov.uk](mailto:START@stockport.gov.uk) or call 0161 474 3141. Professionals can refer using the EMIS form. (see [Appendix 2](#))

The **Arc Centre**, based at the Hat Works museum, provides a range of [wellbeing programmes](#) for adults experiencing mental health issues such as low mood, depression, anxiety and isolation delivered in a warm, welcoming group setting. (contact: 0161 480 7731, [referrals@arc-centre.org](mailto:referrals@arc-centre.org)).

**Stockport County Community Trust** delivers a [social wellbeing drop in session](#) on Wednesday mornings at the Egeley Park ground, providing opportunities for individuals to meet up and socialise with friendly staff and volunteers and take part in low impact activities and therapies, and a chance to socialise and build friendships. For further information contact [a.bates@stockportcounty.com](mailto:a.bates@stockportcounty.com) or phone the Trust on 0161 266 2700. (Appendix 3)

The [Being You Centre](#) at St Ann's Hospice, Heald Green offers a variety of health and wellbeing support including counselling, holistic therapies, and support with common difficulties associated with cancer and its treatment.

Social Prescribing services and, where available, cancer care coordinators, can offer personalised support with specific needs and signpost to services in the community as mentioned [above](#).

[WorkWell](#) in Stockport supports people facing health related challenges to remain in or return to work email [workandskills@stockport.gov.uk](mailto:workandskills@stockport.gov.uk) or call 07890 527111.





## Discharge to primary care

After cancer treatment has finished patients will be discharged from the hospital back to care with the GP practice (primary care). Within 12 months of diagnosis patients will receive an appointment with a member of the GP Practice for a cancer care review ([Patient Pathway](#) - CAN004). This [video](#) provides more information about CCR's.<sup>13</sup>

The Cancer Care Review (CCR) is a holistic conversation about the patient's cancer experience and provides an opportunity for patients to talk about their cancer experience and concerns, understand what support is available in their community and receive the information they need to begin supported self-management if appropriate.

The CCR is intended to take place after the end of treatment, however if treatment is prolonged, patients may be offered their review earlier in their pathway, whilst still under the care of their clinical team. In this situation, it may be appropriate to delay the review until treatment is completed.

### The Local Picture

In Greater Manchester we are currently undertaking work to understand the quality of CCRs and develop a plan of education and support to improve this. More information about this project can be found [here](#).



## Late effects of cancer & its treatment

All cancer treatments are different and affect people in different ways. It is estimated around one in four (25%) people with cancer are living with the long-term consequences of cancer or its treatment<sup>14</sup>.

Most people have some side effects during treatment. But some people also have late effects of treatment. Late effects are side effects that:

- Begin during or shortly after treatment and do not go away within 6 months – they can become permanent and are sometimes called long-term effects
- Do not affect you during treatment but begin months or even years after your treatment ends.

Clinical teams can tell patients whether they are likely to have any late effects from treatment and these will also be detailed in the [treatment summary](#).

<sup>13</sup> [Cancer Care Review \(CCR\) - Northern Cancer Alliance Northern Cancer Alliance](#)

<sup>14</sup> [PowerPoint Presentation \(macmillan.org.uk\)](#)





## Non-curative cancer

Some people will have treatable but not curable cancer from the moment they are diagnosed, while others will progress to having treatable but not curable cancer if their cancer continues to spread or comes back. Research by Macmillan<sup>15</sup> shows that people with treatable but not curable cancer often need a great deal of emotional, physical and financial support. Most will face a prolonged and complicated treatment pathway involving repeated tests, procedures, medications and hospital appointments. Many face uncertainty every day and have specific needs that can change over time.

### The Local Picture

People with non-curative cancer can live for many years and even decades after their diagnosis. The resources mentioned under [Health and Wellbeing](#) would all also be appropriate to access at this stage.

[Beechwood Cancer Care Centre](#) can provide support with practical and emotional support for the patient and their family and carers.

Patients requiring additional support or symptom control can be referred to the [Stockport Community Palliative Care Nursing Team](#) which works closely with other services such as GP and district nursing teams to support patients and their families in the community. The team can be contacted on 0161 206 4354.

[Keira's Kingdom](#) provides bespoke holistic support to anyone currently living with a life-limiting, mental or chronic illness, including activity groups, social groups and peer support for specific conditions, and three fun days per year. (contact: [keiraskingdom@outlook.com](mailto:keiraskingdom@outlook.com))

[St Ann's Hospice](#) provides active supportive care for people with life-limiting conditions in the Stockport locality. They provide in-patient services for respite care as well as a wealth of outpatient health and wellbeing support such as counselling, complementary therapies, physiotherapy and spiritual support. through your GP, palliative care specialist nurse (including Macmillan and District Nurses) and a doctor or consultant at a hospital Contact the hospice on 0161 725 9800 or by email via [info@Stockporthospice.org.uk](mailto:info@Stockporthospice.org.uk).

<sup>15</sup> Internal insight based on in-depth interviews with people living with treatable but not curable cancer and healthcare professionals supporting those affected





## Moving on

Many people affected by cancer feel they had lots of information and support during their illness, once treatment stopped, they entered a whole new world— one filled with new questions.

**It is important to remember that the sources of information and support available to them through the treatment phase are still able to help.**

### The Local Picture

Stockport has a bustling voluntary and community sector which provides opportunities to engage in social and activity groups. **Healthwatch Stockport** has a comprehensive directory of services and local organisations in their [Information and Signposting Directory](#) which can use to identify these, as well as [Cancer Care Map](#), and [Stockport's online directory](#).

[What's On in Stockport](#) has details of activity groups across the locality. Healthy Stockport offers a variety of [activity groups](#) across the locality, and Life Leisure's [Exercise Referral Scheme](#) offer can also be accessed at this stage.

[Stockport Age UK](#) provides practical and social support including a befriending service, [home support](#) and a number of volunteering opportunities. Details of their Isolation and Social Engagement Project are available in [Appendix 4](#).

Individuals interested in volunteering in their local community can also explore opportunities via the [Stockport Volunteer Hub](#).

[Stockport Support Hub](#) provides a single point of access to advice and support to help adults and families live independently and well.

For patients returning to work or requiring additional support with benefits and financial concerns, [Citizens Advice - Stockport, Oldham, Rochdale & Trafford \(CASORT\)](#) provide support and information around benefit entitlement, financial support and work-based support.

In an increasingly digital world, individuals may feel disadvantaged if they lack digital skills or find accessing digital services challenging. [Digiknow](#) offers support for individuals to get online and improve digital skills, providing opportunities to borrow devices or data and get support from Digital Champions and group classes.

*Please note that the resources and organisations included in this report do not represent an exhaustive list of what is available in the Stockport locality. We aim to offer a flavour of the breadth of the local provision and provide links to organisations that have excellent knowledge of their local areas and neighbourhoods. These organisations can, in turn, can signpost people on to appropriate groups and support depending on a person's need, making the offer truly personalised.*





## Stakeholder event

As part of the Live Well with Cancer work in Stockport we held a Stakeholder Engagement Event at the beginning of January 2025. Multiple stakeholders from across the health and social care system including several patient representative attended the event.

On the day there were presentations from some of the service providers but more importantly table discussions about what would excellent care for people affected by cancer look like in Stockport, what could be achieved in the next 12 months and what are the challenges to delivering these changes. The results of these discussions are detailed in [Appendix 5](#).

More information and the presentations from the day are available here [Live Well with Cancer](#).

### Outcomes

- Improve links between primary care and signpost for young carers to ensure that young people in households where there is a cancer diagnosis are offered a carer's assessment and support as appropriate.  
*Hannah Thompson (Signpost), Diane Axford & Caroline Worsencroft (CCCs)*
- Delivery of Health & Wellbeing events in the community as a collaborative offer  
*Michelle Davies (SHH), County Community Trust, Family Hubs, Sector 3, 10GM, Healthwatch*
- Revisit plans to deliver prostate testing at home matches at Stockport County FC  
*Steve Wilson (Prostate Support), Eddie Owen (County Community Trust)*
- Look into the possibility of creating a peer support network for terminal/metastatic patients in Stockport – 'Sylvia's Buddies'  
*GM Cancer Alliance*

The personalised care team will continue to engage with the stakeholders and offer advice and support to aid continuous improvement to the lives of people affected by cancer in Stockport and beyond.



## Appendices

1. Stockport JSNA 2024



Stockport JSNA  
2024.pdf

2. START pathway



START  
pathway.docx

3. Stockport County Community Trust Health & Wellbeing Strategy by stockportcountyfc - Issuu

4. Stockport AgeUK Isolation & Social Engagement Project



age-uks-social-isola  
tion-october-19.pdf

5. LWwC Stockport Stakeholder event outcomes



LWWC Stockport  
Stakeholder event o

6. Stockport Venue List – Healthwatch  
(Correct as of January 2025)



Venue list.xls



7. Stockport LWwC Infographic



**Stockport: Interventions & Resources**

**Key:** input from clinical team input from GP  
 refer/signpost online resource

**Point of referral**



- Viaduct CIC Social Prescribing
  - 0161 2498290
  - referrals: <https://viaductcare.org.uk/referrals/social-prescribing-referral/>
- Citizens Advice Stockport, Oldham, Rochdale and Trafford (CASORT)
  - 0808 278 7803
  - [www.casort.org](http://www.casort.org)
  - referrals: [www.referrals.citizensadvice.org.uk/users/sign\\_in](http://www.referrals.citizensadvice.org.uk/users/sign_in)
- Stockport's Online Directory:
  - <https://www.stockport.gov.uk/directories/one-stockport-local-directory>

**Booking appointment**



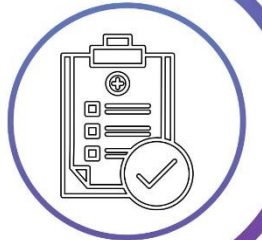
- START
  - [www.stockport.gov.uk/groups/stockport-triage-assessment-and-referral-team](http://www.stockport.gov.uk/groups/stockport-triage-assessment-and-referral-team)
- Prehab4Cancer for curative patients in Colorectal, Lung & Upper GI
  - referral via CNS
- Maggie's Manchester
  - [manchester@maggies.org](mailto:manchester@maggies.org)
  - 0161 641 4848
  - [www.maggies.org/our-centres/maggies-manchester](http://www.maggies.org/our-centres/maggies-manchester)

**Treatment**



- Holistic Needs Assessment
- Treatment Summary for each treatment type
- Beechwood Cancer Centre
  - clinician or self referral via website
  - [www.beechwoodcancer.org.uk](http://www.beechwoodcancer.org.uk)
  - 0161 476 0384
  - [enquiries@beechwoodcancer.org.uk](mailto:enquiries@beechwoodcancer.org.uk)
- Signpost for Carers
  - [info@signpostforcarers.org.uk](mailto:info@signpostforcarers.org.uk)
  - 0161 947 4690
- Cancer Care Discussion (CAN005)

**End of treatment**



- End of treatment summary
- Appropriate follow up pathway
- Cancer Care Review (CAN004)
- Treatment Summaries:
  - [https://future.nhs.uk/GM\\_CancerAlliance\\_PCP/view?objectID=43995216](https://future.nhs.uk/GM_CancerAlliance_PCP/view?objectID=43995216)

**Follow up**



- Consultant-led Follow-up
- Or
- Personalised Stratified Follow-up
- PSFU Approved Protocols:
  - [https://future.nhs.uk/GM\\_CancerAlliance\\_PCP/view?objectID=44627888](https://future.nhs.uk/GM_CancerAlliance_PCP/view?objectID=44627888)





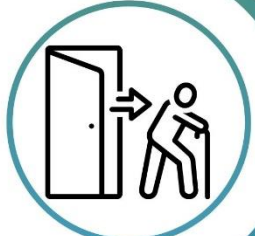
## Stockport: Interventions & Resources

### Health & Wellbeing



- Local Social Prescribing service
- Macmillan Wellbeing Centre
- Healthy Stockport
  - [www.healthystockport.co.uk](http://www.healthystockport.co.uk)
- Stockport County Community Trust
  - <https://www.stockportcounty.com/community/programmes/countys-social-well-being-programme/>
  - [a.bates@stockportcounty.com](mailto:a.bates@stockportcounty.com)
  - 0161 266 2700

### Discharge to Primary Care



- Cancer Care Review (CAN004)
- Primary Care information on PSFU:
  - [https://future.nhs.uk/GM\\_CancerAlliance\\_PCP/view?objectID=50096336](https://future.nhs.uk/GM_CancerAlliance_PCP/view?objectID=50096336)

### Late Effects of cancer & treatment



- Beechwood Cancer Care
- NHS Stockport Talking Therapies
  - [www.penninecare.nhs.uk/stockporttalk](http://www.penninecare.nhs.uk/stockporttalk)
  - 0161 716 5640
- Maggie's Manchester

### Non-curative



- Beechwood Cancer Care
- St Ann's Hospice, Heald Green
  - clinician or self referral
  - 0161 437 8136
  - [www.sah.org.uk](http://www.sah.org.uk)
- Stockport Community Palliative Care Nursing Team
  - Clinician referral
  - 0161 206 4354

### Moving on



- Beechwood Cancer Care
- Stockport AgeUK
  - [www.ageuk.org.uk/stockport/](http://www.ageuk.org.uk/stockport/)
  - 0161 480 1211
  - [info@ageukstockport.org.uk](mailto:info@ageukstockport.org.uk)
- CASORT
  - [www.casort.org/citizens-advice-stockport](http://www.casort.org/citizens-advice-stockport)
  - 0808 278 7803
- [www.canceraremap.org](http://www.canceraremap.org)

