

Live Well with Cancer

Oldham Locality Report



April 2024

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Executive Summary

In May 2021 Mayor Andy Burnham pledged in his manifesto to create a *holistic, specific “Live Well with Cancer”* programme in Greater Manchester. The premise of this pledge is that everyone who has received a cancer diagnosis deserves high quality care that addresses their wider health and wellbeing needs. However, there is no consistent way across Greater Manchester for someone newly diagnosed to find out about support available and for all their needs to be assessed. In response to the manifesto commitment, Greater Manchester Cancer, Greater Manchester Integrated Care, Greater Manchester Combined Authority and Macmillan Cancer Support, have come together to create the *Greater Manchester Live Well with Cancer Programme*. This programme aims to join up the different forms of care and support already available, or in development, across Greater Manchester. This will be done using an iterative approach across each locality producing a report for each of these boroughs which will feed into a final finding and evaluation document covering the whole of Greater Manchester.

This report will explore the discoveries made when we worked with key stakeholders in Oldham to scope out what it would take to build a ‘Live Well with Cancer’ offer. Through working together via 1:1 meetings, service provider visits, steering groups and culminating in a stakeholder engagement event between February and April 2024 a picture of what is already in place, how it would be possible to build on this & what a great Live Well with Cancer (LWwC) offer in Oldham could be.

Introduction

Made up of 10 boroughs and two cities, [Greater Manchester](#) covers an area of 493 square miles. It is the second largest urban area in the United Kingdom, after Greater London¹. The population of Greater Manchester according to the 2021 Census was 2,867,769. The population growth rate in Greater Manchester between 2011 and 2021 was 6.9% (185,241 more residents), higher than both England (6.6%) and the North West (5.2%).² Statistics also show that the population increases across virtually all ethnic minority groups have been a big factor in the growth of Greater Manchester’s total population. In 2021, there were some 281,000 more residents from Asian, Black, Mixed and ‘Other’ populations in Greater Manchester than in 2011, an increase of 51.9%.

The Health and Care Act 2022 introduced a range of Integrated Care Board (ICB) obligations in relation to health inequalities, which should underpin everything we do. To help guide action, NHS England has developed an approach – ‘Core20PLUS5’ – that focuses on reducing inequalities by targeting efforts at the most deprived 20% of the national population³. By working with our colleagues in the Greater Manchester Integrated Care Partnership we will ensure that we align with their proposed Equality Objectives and associated actions aligned to this approach⁴.

The boroughs of Greater Manchester are incredibly diverse with health and social care delivered by different providers, by utilising a place-based approach to the scoping, mapping and engagement process that redefines services and places individuals, families, communities at its heart we can understand the offer for people affected by cancer and any gaps that need to be addressed. By working with partners across the health and social care system including the VCSE and user led/community organisations we can ensure the right care and support is offered to the population of Greater Manchester. This programme aims to become a blueprint for extending and embedding systematic, proactive holistic support for other health conditions beyond cancer.

¹ [Manchester Population 2023 – UK Population Data](#)

² [230514_population_final.pdf \(greatermanchester-ca.gov.uk\)](#)

³ [NHS England » Core20PLUS5 \(adults\) – an approach to reducing healthcare inequalities](#)

⁴ [item/equality-objectives-1.pdf \(gmintegratedcare.org.uk\)](#)



Oldham Locality

The Borough of Oldham lies to the North of Greater Manchester sitting on the edge of stunning Pennine landscapes with almost a quarter of Oldham lying within the spectacular Peak District National Park. Oldham shares borders with Rochdale, Tameside and Manchester, where residents may travel to access health and wellbeing information and support (HWBIS) and vice versa. Oldham has a population of 242,100 (2021 census).

Oldham is ranked as the 19th most deprived of 317 Local Authority districts in England. In terms of ethnicity Oldham is predominantly White which makes up 68.1% of the population with 24.6% Asian, 3.4% Black, 2.5% Mixed and 1.4% of the population are other ethnicities⁵.

Live Well with Cancer - Oldham

Working with communities in Oldham, the aim is to deliver personalised cancer care, providing people with access to care and support that meets their varied and individual needs. Support needs to start from the moment of diagnosis – so that people can live as full, healthy, and active lives as possible.

Building on Oldham services and systems already in place across our health, community and neighbourhood settings, the programme focuses on how we can knit those excellent services together around people affected by cancer. It will amplify the great offers already available, identifying where there may be gaps particularly for minority groups, and shaping this understanding into a clear offer for people living with cancer in Greater Manchester. With 1 in 2 of us now being affected by cancer there has never been a more important time to explore what care and support is available.⁶

Results from HWBIS survey (highlights)

Between January and March 2023, cancer services across GM were asked to complete a survey of their Health and Wellbeing offer, including support offered ‘in house’ and details of where patients are referred for support with specific needs.

The survey is based on a self-assessment checklist which was co-produced by the NHS England National Cancer Team and Cancer Alliances, along with Alliance partners, patient and public voices representation and first circulated in GM in 2020/21.

Services were asked about the types of resource offered relating to the following areas:

Pre-treatment	Psychological Impact	Finance
Health Promotion	Complementary	Work
Patient Activation	Therapies	
Recurrence	Late Effects	

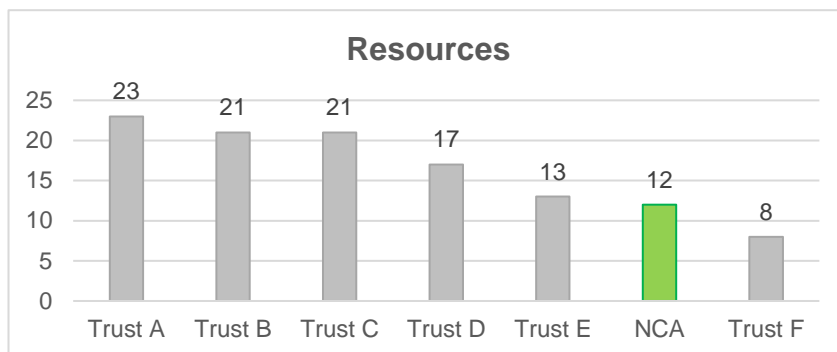
⁵ Oldham population change, Census 2021 – ONS

⁶ Cancer – NHS (www.nhs.uk)



It is difficult to understand the picture for Oldham as the survey results identified were for the Northern Care Alliance footprint which spans Rochdale, Oldham, Bury and Salford localities. responses were received from 15 clinical services⁷, and the Macmillan Cancer Information and Support Centre.

Services identified on average 12 resources each which is just below average for the GM footprint.



Quality of Life & Carer Support

Services were asked about their offer for carers and family of people with cancer, and with respect to the 11 areas of focus in the Cancer Quality of Life Survey⁸:

- | | | |
|----------------------------|---------------------------------|----------------------|
| Appetite problems | Late effects/treatment toxicity | Nutrition |
| Bowel problems | Sexual difficulties | Pain |
| Breathing difficulties | Musculoskeletal problems | Psychological impact |
| Fatigue/sleep difficulties | Nausea/vomiting | |

Services reported offering support within their own service for an average of 2 of these problems, and referring to other resources for an average of 5.

6 out of 13 services stated that they provide support to carers and family of people with cancer.

Conclusion

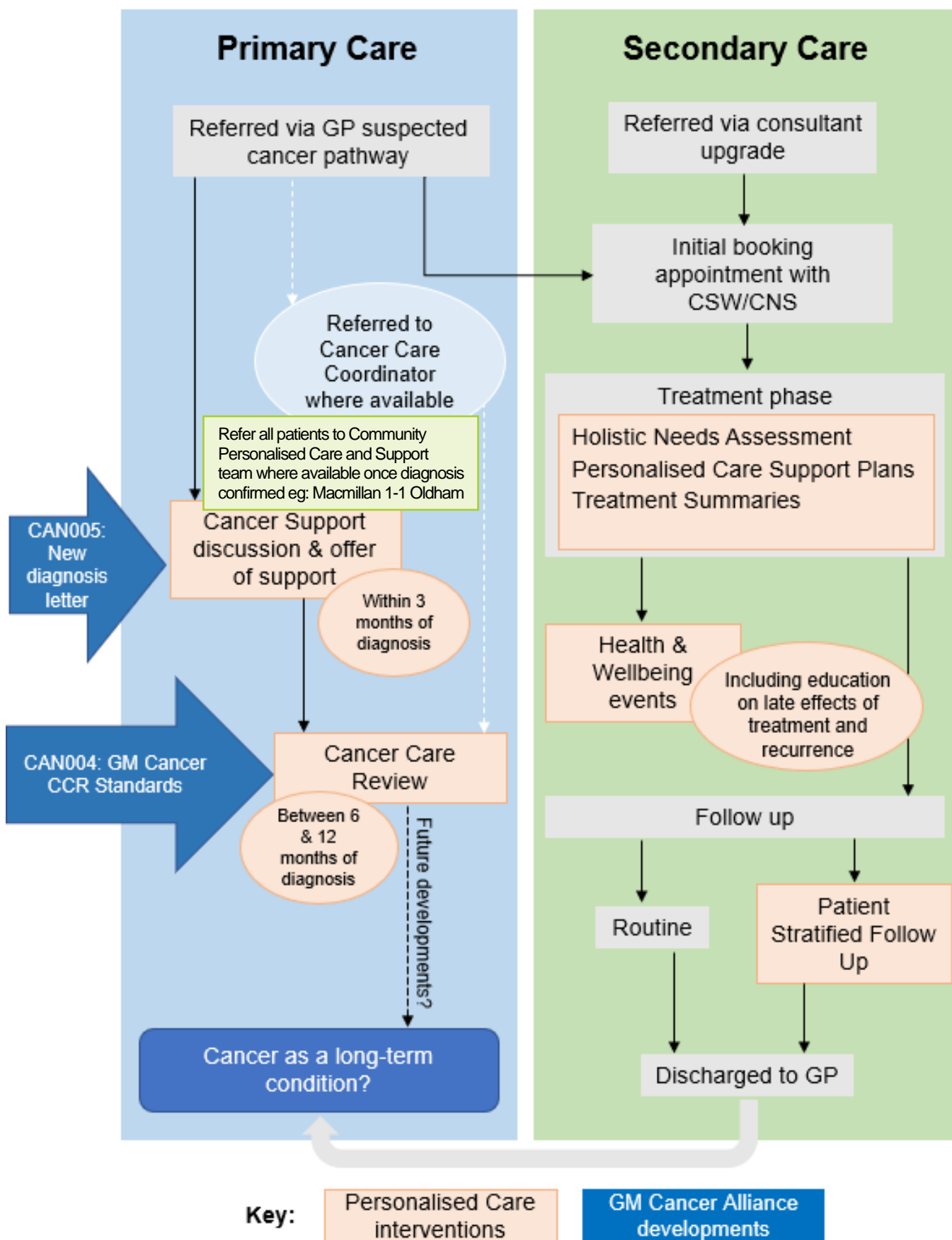
The data gathered from this exercise has supported the work of the Live Well With programme by identifying local resources in the Rochdale area who work to support people with cancer. Whilst not all services responded to the survey and some responses were of limited value due to lack of completeness, the process has provided the LWWC workstream with a solid foundation to work from.

⁷ Including two acute services and the chemotherapy service which have been excluded from the analysis as the contact they have with patients addresses a specific, sometimes short-term, need and is therefore rarely holistic in its nature. This is reflected in their responses, with many areas of HWB being reported as not applicable to, or supported by, their service.

⁸ <https://www.cancerqol.england.nhs.uk/>



The Patient Pathway (Diagram 1)



Interventions & Resources

The steps below show what health and wellbeing information, and support are offered in Oldham mapped against the patient pathway a summary of this is available in an infographic format (app 5.).



Point of referral

The time between referral and a confirmed diagnosis can often be fraught with worry and uncertainty. There are multiple sources of support available prior to a cancer diagnosis including financial, work and career, peer, family & carer, homelessness, minority group support, children/teenage & young adults, older people, social isolation, and psychological support.

The Local Picture

People from Oldham can utilise the **Macmillan Information and Support Centre based at the Royal Oldham Hospital**. You can see descriptions of the information and support they provide in the Oldham, Bury, Heywood, Middleton & Rochdale Macmillan Unit Directory (App I.) which includes over 60 sources of support both non cancer and cancer specific – local and national provisions. Criteria for referral and the pathway into the services can be accessed by utilising the contact details included.

This also may be a good time to tap into **Oldham's Social Prescribing** team. They work with people to help them make new connections in their community. They listen to people to find out what's important to them, what changes they would like to make in their lives, and help identify the best ways to achieve those changes. Their strengths-based approach helps reduce use of GP surgeries, calls to 111 and 999, visits to A&E and avoidable emergency hospital admissions, reducing crisis management of care support by connecting people to people, places and community groups and activities local to them. **Referrals to a Social Prescribing Link Worker can be made by contacting Action Together by phone: 0161 339 2345 or email: gmicb-old.socialprescribing@nhs.net** or via your GP surgery.



Booking appointment

Around this time patients should routinely be offered a holistic needs assessment (HNA). A HNA is an assessment and discussion that may be had with a patient with someone from their healthcare team, more information about these can be found here [Having a Holistic Needs Assessment | Macmillan Cancer Support](#).

The Greater Manchester Cancer Alliance Personalised Care Team are working with the local hospitals to improve the uptake and quality of HNA's and personalised care support plans (PCSP) which are produced as a result of these assessments. The timing of a HNA will be dependent on the pathway/tumour group as not all will be offered one early in the pathway. Ideas and actions from the PCSP are followed up with referrals.



The Local Picture

In Oldham this is usually via the Cancer Nurse Specialist or Cancer Support Worker. Oldham is also quite unique in offering the **Oldham Macmillan 1:1 support Service** (App 2). The service is available to any adult over the age of 18 with a cancer diagnosis or persons affected by a cancer diagnosis (families/ carers) who either live in Oldham or have an Oldham GP. The team support people affected by cancer in a community setting, offering personalised care and support for adults affected by cancer their families and carers by offering community based personalised care and support planning, including holistic needs assessment, care planning, health and wellbeing events offered quarterly and ongoing care management. Effective early referral ensures the team can provide rapid access to equipment and minor adaptations, including timely referral onto other community-based specialist services where applicable along with signposting, thus providing effective utilisation of community resources and services to meet the personalised needs of each individualised patient and cutting down on patient wait times for referral access. The Macmillan 1-1 Support Service can be contacted by phone 0161 785 5609 or 07523 938 532 or email oldham.macmillansupport@nca.nhs.uk for further information. The Macmillan 1:1 Team, Nursing Teams and Cancer Care Co-ordinators/Support Workers will often refer patients to the Macmillan Centre (App 1) or to the Oldham Maggie's Centre [Maggie's Oldham | Maggie's \(maggies.org\)](http://Maggie's Oldham | Maggie's (maggies.org)) who will support a patient or loved ones affected by cancer regardless of their postcode. These organisations may make suggestions for referrals to community, activity or faith-based groups and these actions/ referrals can promote changes to daily routines and encourage proactive healing to reduce readmissions and promote long-term wellbeing.

There may also be a referral to **Prehab4Cancer** which is a free exercise nutrition and wellbeing scheme designed to help people with a recent diagnosis of cancer prepare for, and cope better with their treatment. Prehab4 Cancer is currently available for people who are over 18 years of age, registered with a Greater Manchester GP and are going to have curative treatment for:

- Colorectal Cancer (surgical treatment)
- Lung Cancer (surgery, radiotherapy or chemotherapy)
- Upper Gastrointestinal Cancer (surgery, radiotherapy or chemotherapy)

More information is available here [Who is it for? – Prehab4Cancer](#)



Treatment

During the treatment phase patients and their family/loved ones are often focussed on attending appointments and receiving treatment. Their life is largely dictated to them by the patient pathway for their cancer type. In some tumour groups another HNA may be offered at this time and the support offered can change as a result of this. For example 50% of patients experience significant psychological distress during and after treatment. It is also not just cancer patients who suffer psychologically. 67% of carers experience anxiety and 42% experience depression. Of these over three quarters do not receive any support.⁹

The patient should receive a phone call from the GP practice to have a discussion about support available within 3 months of diagnosis (diagram 1 CANOO5).

⁹ Cardy P. Worried Sick: The emotional impact of cancer. Macmillan Cancer Support. 2006.



The Local Picture

NHS Oldham Talking Therapies provide psychological therapies to help people who are feeling distressed by difficult events in their lives as well as people with common mental health difficulties. They can be accessed via telephone: 0161 716 2777 , via the GP, or fill in the online referral form [Self referral form | NHS Oldham Talking Therapies | Patient Portal \(iaptportal.co.uk\)](#). **Oldham Cancer Support Centre** provide a confidential service to anyone living with cancer they offer counselling, complimentary therapies and practical and emotional support more information about the centre is available on their website [Home | OldhamCancerSupport \(oldhamcancersupportcentre.com\)](#). Maggies Oldham also offer emotional support and there are lots of other options for support listed in appendix 1.

Oldham Macmillan 1-1 nurses have completed Level 2 Psychological Assessment Skills Training and are able to offer psychological support to patients and their families/ carers. Offering referral on where more specialist input is required.

If access to support outside of the Oldham area is required, perhaps closer to family and friends who may be caring for a patient then they can search using the **Cancer Care Map** which is a simple, online resource that aims to help people find cancer support services in their local area wherever they are in the UK. Cancer Care Map is run by The Richard Dimbleby Cancer Fund charity and you can access it here [Homepage | Cancer Care Map](#).

Greater Manchester Cancer Alliance is currently working with Cancer Care Map to produce a more bespoke offering for Greater Manchester.

End of Treatment



At the end of each episode of treatment i.e., surgery, chemotherapy, radiotherapy etc the patient should receive a treatment summary and then an end of treatment summary at the end of all primary treatments detailing all of the interventions and care given.

The treatment summary tells the patient, GP and other health professionals in the community what treatment has been given, what the patient needs might be, what ongoing support may be required including late effects of treatment, who to contact at the hospital if there are any questions or concerns. It also helps the patient understand their cancer and gives them the choice to share it with other professionals if necessary. Treatment summaries also help the GP to do a Cancer Care Review.

The Local Picture

In Greater Manchester the tumour specific pathway boards have co-produced a number of treatment summaries so that a standardised document is provided wherever they live and whichever Hospital they attend. The personalised care team will maintain a spreadsheet of signed off letters for all specialties with review dates. These can be accessed on the NHS futures pages which is a centralised portal here [GM Cancer Alliance Personalised Care Programme - FutureNHS Collaboration Platform](#). There is also work being done to increase the number and consistency of treatment summaries provided with all of the hospitals across Greater Manchester. These numbers are recorded on the



Cancer Outcome and Services Data set (COSD) and the personalised care team present these figures regularly at the Personalised Care Programme Board so progress can be monitored.

If appropriate, information will be provided about the patient follow up including where a patient may be on a personalised stratified follow up pathway (PSFU). PSFU is an effective way of adapting care to the needs of patients after cancer treatment, to ensure that we are providing world class services. PSFU pathways are tailored to individual needs, offers huge benefits to patients and the NHS. Stratified follow up improves patient experience and quality of life for people following treatment for cancer, as well as making services more efficient and cost-effective¹⁰. Having a Personalised Stratified Follow Up (PSFU) pathway means patients know that when they complete primary treatment they will be offered:

- Information about signs and symptoms to look out for which could suggest their cancer has recurred or progressed.
- Rapid access back to their cancer team, including telephone advice and support, if they are worried about any symptoms, including possible side effects of treatment.
- Regular surveillance scans or tests (depending on cancer type), with quicker and easier access to results so that any anxiety is kept to a minimum.
- Personalised care and support planning and support for self-management, to help them to improve their health and wellbeing in the long term.

Patients having the remote monitoring option within PSFU will not have to travel back to hospital simply to be given scan/test results that show no causes for concern.



Follow up

After cancer treatment, patients will have follow-up care from their healthcare team to make sure everything is going well and find out if they have any concerns. They may be on a PSFU pathway as mentioned above or may have face to face follow up appointments at the hospital. These appointments may include blood tests, X-rays or scans and are a good opportunity to discuss any questions they may have with a health professional. It is important that any clinical concerns that arise between appointments are raised with the hospital team. They will find details of how to access the team in the treatment summary which is a letter sent to them at the end of each episode of treatment.



Health & Wellbeing

Health and wellbeing information and support includes the provision of accessible information about emotional support, coping with side effects, financial advice, getting back to work and making healthy lifestyle choices. This support will be available before, during and after cancer treatment although a patient's needs may change during this time.

The Local Picture

In Oldham the Northern Care Alliance do provide a schedule of tumour specific **health and wellbeing events** and also some in surrounding areas and these will offer more tailored advice (App 3) which are co-ordinated by the Macmillan Information and Support Centre. Details of these may change and more up to date details are normally provided by a clinical nurse specialist or cancer support worker as

¹⁰ <https://www.england.nhs.uk/wp-content/uploads/2020/04/cancer-stratified-follow-up-handbook-v1-march-2020.pdf>



patients near the end of their treatment. There are further community based generic cancer health and wellbeing events scheduled quarterly throughout the Oldham borough which are co-ordinated by the **Macmillan 1-1 Support Service**. These are supported by other teams in attendance such as Oldham Cancer Support Centre, Social Prescribing services, Maggie's, Macmillan Information and Support Centre, Action Together, Macmillan Benefits, community dieticians/ physiotherapists/ SPCT/ occupational therapy, Oldham Community Leisure, ABL Health, Health Watch Oldham, CAN Survive and Talking Therapies.

Dr Kershaw's Hospice recently relaunched their Wellbeing Centre services with sessions including a men's group, bereavement support, pamper sessions for hospice patients, wellbeing walks and more. They also have a Christie Cancer Unit delivering selected chemotherapy closer to home. You can see more about them here [Home :: Dr Kershaw's Hospice \(drkershawshospice.org.uk\)](http://drkershawshospice.org.uk)

Can-Survive UK provides culturally sensitive support and information for people with cancer, their families and carers. They have an Oldham based Health and Wellbeing Support Group based at the Primrose Community Centre. For more information please email: supportgroupoldham@can-survive.org.uk or phone 07534 414 789 or see the website [About us - Can-Survive UK](http://www.can-survive.org.uk)

Please also see other forms of support currently available across Greater Manchester (App 4) this will be updated regularly by the Oldham Macmillan Information and Support Centre.

Discharge to primary care



After cancer treatment has finished patients will be discharged from the hospital back to care with the GP practice (primary care). They should receive an appointment with a member of the GP Practice for a cancer care review (diagram 1 - CAN004). The Cancer Care Review (CCR) is a conversation between a patient and their GP or Practice Nurse about their cancer journey. It is an opportunity for

patients to talk about their cancer experience and concerns, understand what support is available in their community and receive the information they need to begin supported self-management if appropriate.

Please access this link for more information about CCR's¹¹ <https://youtu.be/QtRngmw-5tc?si=rYwsxGAVKYBYheMT>

The Local Picture

In Greater Manchester we are currently undertaking work to understand the quality of CCRs and develop a plan of education and support to improve this.

Patients in Oldham ought to have already been referred at point of diagnosis to **Macmillan 1-1 Support Service** for ongoing Personalised Care and Support from diagnosis, through treatment into living with and beyond cancer. The team work in collaboration with Primary and Secondary care teams to ensure ongoing support is offered.

¹¹ [Cancer Care Review \(CCR\) - Northern Cancer Alliance Northern Cancer Alliance](#)





Late effects of cancer & treatment

All cancer treatments are different and affect people in different ways. It is estimated around one in four (25%) people with cancer are living with the long-term consequences of cancer or its treatment¹².

Most people have some side effects during treatment. But some people also have late effects of treatment. Late effects are side effects that:

- Begin during or shortly after treatment and do not go away within 6 months – they can become permanent and are sometimes called long-term effects
- Do not affect you during treatment but begin months or even years after your treatment ends.

Cancer doctors or nurses can tell patients whether they are likely to have any late effects from treatment and these will also be detailed in the treatment summary. This may also include emotional and psychological effects and patients can access the expedited talking therapies service in Tameside for help with this as detailed in section 3.



Non-curative cancer

Some people will have treatable but not curable cancer from the moment they are diagnosed, while others will progress to having treatable but not curable cancer if their cancer continues to spread or comes back. Research by Macmillan¹³ shows that people with treatable but not curable cancer often need a great deal of emotional, physical and financial support. Most will face a prolonged and complicated treatment pathway involving repeated tests, procedures, medications and hospital appointments. Many face uncertainty every day and have specific needs that can change over time.

The Local Picture

The **Oldham Macmillan Information and Support Centre** can help with practical and emotional support (App1).

There is also a **Specialist Community Palliative care team** you can contact them by phone 0161 621 7190 or 07540 675 294 they work closely with the Macmillan 1:1 Team and other agencies who can offer personalised support with specific needs and signpost to services in the community as mentioned in section 1. **Macmillan 1-1 Support Service** provide practical and emotional support working in collaboration with the Community Palliative care team to support patients not yet requiring palliative input, although requiring support as part of patient safety netting to ensure timely referral into the service as required.

Dr Kershaw's Hospice also offer information and support (see health and wellbeing section) or visit them here [Home :: Dr Kershaw's Hospice \(drkershawshospice.org.uk\)](http://drkershawshospice.org.uk)

¹² [PowerPoint Presentation \(macmillan.org.uk\)](http://macmillan.org.uk)

¹³ Internal insight based on in-depth interviews with people living with treatable but not curable cancer and healthcare professionals supporting those affected





Moving on

Many people affected by cancer feel they had lots of information and support during their illness, once treatment stopped, they entered a whole new world— one filled with new questions. It is important to remember that the sources of information and support available to them through the treatment phase are still able to help. It may be that they now feel more interested in accessing the social prescribing team mentioned in section 1 or continue the work they have undertaken with exercise professionals to look at positive changes to diet and exercise to keep them as healthy as possible for the future.

The Local Picture

Oldham Active provides an exercise referral scheme aimed at people over 16 years of age who are not used to being physically active and have a medical condition. There are a wide range of activities both gym, pool or class based to choose from for patients that have been through rehabilitation programmes. Any health professional can refer into this and is offered at a discounted cost of £60 for the 12 week programme (App 5). More information can also be found on the website [Exercise Referral Scheme | Oldham Active \(oclactive.co.uk\)](https://www.oclactive.co.uk).

Your Health Oldham are also a great resource for Oldham residents to get more active, eat healthier, manage weight, drink less alcohol or stop smoking. They offer realistic and practical support for people to make life long healthy behaviour changes you can contact them by phone: 0161 960 0255 or on their website [Home - Your Health Oldham](https://www.yourhealtholdham.org) where you can self refer.

Walking Groups – 5K Your Way – Move Against Cancer is a monthly group for anyone to complete 5K sauntering, walking or running. It is for anyone affected by cancer of all ages and abilities and they meet on the last Saturday of each month at Alexander park Oldham, OL8 2AX. You can register at www.5kyourway.org/register . Oldham Council also offer walking groups in all areas of Oldham for more information please contact the Lets Go for a Walk Team phone: 0161 770 4056 or email environmentalservices@oldham.gov.uk

Stakeholder event

As part of the Live Well with Cancer work we undertook in Oldham we held a Stakeholder Engagement Event at the end of September 2023. Multiple stakeholders from across the health and social care system including patient representatives attended the event. More information and the presentations from the day are available here [Personalised Care - Greater Manchester Cancer \(gmcancer.org.uk\)](https://www.gmcancer.org.uk).

On the day there were presentations from some of the service providers but more importantly table discussions about what would excellent care for people affected by cancer look like in Oldham, what could we achieve in the next 12 months and what may stand in the way of delivering these changes. The results from these discussions are detailed in appendix 6.



Next steps








At the event we agreed the deliverables below with the NCA Personalised Care Lead and other stakeholders in Oldham:

- Improve access to the Macmillan 1:1 service for those diagnosed outside of the Northern Care Alliance by utilising new diagnosis data
- GP practices to refer all patients at point of diagnosis to Macmillan 1-1 Service.
- Improve Communication by working with the Personalised Care Lead (Helen Wrench) to improve attendance at the existing cross service group and include VCSE/GP & PCN colleagues.
- Work with Your Health Oldham regarding tapping into community focus groups and identify free meeting rooms and circulate amongst all colleagues – this could help with provision for Health & Wellbeing events in Oldham.

The personalised care team within the Greater Manchester Cancer Alliance will continue to engage with the stakeholders and offer advice and support to aid continuous improvement to the lives of people affected by cancer in Oldham and beyond.



Appendices

-  
1. MCISS - about our service - for people af Resource List - 2023 (002).pdf
- 
2. Macmillan 1-1 Support Service upda
- 
3. Health and wellbeing calendar 2024 NCA.px
- 
4. Support Groups 2023 .pdf
- 
5. OCL-Exercise-Referra l-Scheme-Powerpoint
- 
6. LWWC Oldham Stakeholder facilitatec



Oldham: Interventions & Resources

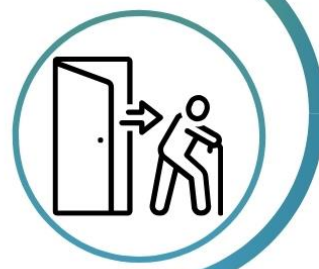


Health & Wellbeing



- Health & Wellbeing Events and support groups
- Oldham Macmillan 1:1 Support Service
- Oldham Maggie's Centre
- Dr Kershaw's Hospice
- CAN-Survive UK: 07534 414 789
supportgroupoldham@can-survive.org.uk
- macmillan.org.uk

Discharge to Primary Care



- Cancer Care Review (CAN004)
- Primary Care information on PSFU:
https://future.nhs.uk/GM_CancerAlliance_PCP/view?objectID=50096336
- Late Effects education for primary care - webinar series (coming soon):
<https://www.gmcanceracademy.org.uk/personalised-care-academy/>

Late Effects of cancer & treatment



- Macmillan Information and Support Service at Royal Oldham Hospital
- NHS Oldham Talking Therapies: see above
- Late Effects in GM:
https://future.nhs.uk/GM_CancerAlliance_PCP/view?objectID=43995536

Non-curative



- Macmillan Information and Support Service at Royal Oldham Hospital
- Dr Kershaw's Hospice
- Specialist Community Palliative Care Team:
0161 621 7190 or 07540 675294

Moving on



- Social Prescribing
- Oldham Maggie's Centre
- Exercise Referral Scheme:
Oldham Active: www.oactive.co.uk
- Your Health Oldham: 0161 960 0255
www.yourhealtholdham.co.uk/
- www.actiontogether.org.uk/community-activities/community-activity-directory
- macmillan.org.uk

