

What can a patient expect from Personalised Care in GM?

Genomic testing in selected cancer pathways

- somatic testing looks for changes in the genes of cancer cells.
- results are used to plan treatment, including the use of targeted therapy and immunotherapy.

Holistic Needs Assessment (HNA)

A discussion about the impact of cancer on a patient's life, including their social, spiritual and mental wellbeing, financial concerns and any practical challenges they are experiencing. Any needs identified during this assessment should be addressed through referrals or signposting to local services for support.

Cancer Care Discussion

An opportunity for a patient to discuss their diagnosis with a GP and a chance to learn more about the support available from the GP practice and in their local community. Takes place within 3 months of diagnosis.

Health & Wellbeing Information and Support

Patients are provided with information about the support available to them to address their holistic needs throughout their cancer experience. This includes events and resources provided by clinical teams.

Personalised Care and Support Plan

A record of the HNA discussion. The plan is a physical document provided to patients which includes details of services referred/signposted to.

Treatment Summary

A written summary detailing the treatment received, sent to the patient and their GP. This is provided at the end of each treatment type (eg chemotherapy, radiotherapy etc) a patient receives, and when the patient completes their treatment.

Personalised Stratified Follow-up (PSFU)

The patient and treatment team decide together the most appropriate method of follow up, between consultant-led follow up and patient initiated follow up. Regular monitoring (blood tests, scans etc) is included whichever option is chosen.

Cancer Care Review

A conversation with a member of the GP practice team which further explores the impact of cancer on the patient's life, building on the needs identified in HNAs. Must take place within 12 months of diagnosis and often occurs after the end of treatment.