

Macmillan Wellbeing Centre in Trafford

We're here to provide short term support to those who're experiencing or being affected by a diagnosis of cancer and other life limiting illnesses.

We offer a warm and welcoming environment that focuses on the needs of the individual. We also offer a range of support, information, advice, and activities.

The Macmillan Welcome Centre provides:

- Emotional and practical support
- Counselling and coping skills
- Nutrition and dietary advice
- Supportive groups activities
- Friday afternoon drop in cafe
- Relaxation and complimentary therapies.

For more information about us, visit our website, call us or drop in:

 www.macmillancentreftrafford.org

 0161 746 2080

 Macmillan Wellbeing Centre, Moorside Road, Davyhulme, M41 5SN

