

Name of addressee  
Address Line 1  
Address Line 2

Dear [Title] [Surname]

I am sorry to learn of your recent cancer diagnosis. I am writing to tell you about the support your GP Practice can offer during this difficult time.

### **Cancer support discussion**

In the first few months, it can be helpful to discuss your diagnosis and how your cancer is affecting your life with one of our practice team. This could be with a practice nurse, cancer care coordinator, social prescriber (add/delete as appropriate), or a GP. If you want to have one of these discussions, please contact the practice to make an appointment.

### **Social Prescribing**

If you have any worries or concerns about life with cancer, you can ask to see our practice social prescriber. Social prescribers are members of the practice team with a wealth of practical knowledge. They can provide you with short-term, regular 1-to-1 support with the impact of cancer, such as relationships, claiming benefits and practical issues like help with household tasks. They can also introduce you to local services and voluntary organisations to support any needs you have.

### **Cancer Care Review**

Within the first year of your diagnosis, you will be offered a Cancer Care Review. We understand that everyone's experience of cancer is unique. You may be worried about money or your job. You might want to discuss support for your family and those close to you. This is a chance for you to talk to a member of the our team about what is important to you. They can then support you to manage any issues.

You can choose to have your Cancer Care Review either in person or over the phone. Some people find this most helpful after their hospital treatment has finished, or when they have been discharged from the hospital. You will be offered an appointment for this in due course, but please get in touch if you would like to have this sooner.

### **Resources**

We have also included some cancer support resources with this letter which you may find helpful.

Yours sincerely,

NAME OF SIGNING CLINICIAN  
Practice Name



## National Cancer Support Services

**Macmillan's** support line offers confidential support to people living with cancer and to their loved ones. If you are worried about money, work, your treatment, or you just want to speak to someone about whatever matters to you, you can call free on 0808 808 0000 (7 days a week, 8am – 8pm)

Support is also available via the Macmillan online community, which can be found at <https://www.macmillan.org.uk/cancer-information-and-support>

The Macmillan Concerns Checklist can be completed in advance of your Cancer Care Review to help personalise your review to what is important to you: [bit.ly/macmillanconcernschecklist](http://bit.ly/macmillanconcernschecklist)

The **Cancer Care Map** is a very useful resource to find out any services or groups that may exist in your area from lifestyle support such as physical activity services to local support groups: <https://www.cancercaremap.org>

**Cancer Research UK** has a free nurse helpline you can call on 0808 800 4040 (Mon-Fri 9am – 5pm). They also have some resources available to help people coping with cancer online: <https://www.cancerresearchuk.org/about-cancer/coping>

**Maggie's** (<https://www.maggies.org>) is a charity that provides support for people with cancer and their loved ones by providing a calm, friendly, uplifting space. There are two Maggie's centres in Greater Manchester, one in Manchester (0161 641 4848) and one in Oldham (0161 989 0550). They are both open Monday to Friday, 9am to 5pm.

## Local Cancer Support Services

*Please add any additional local cancer support services specific to your area here*

