

**Breast Referral** For all patients over the age of 10 years.

(Younger patients will need special consideration and it would be useful to highlight this in your referral)

#### **Priority**

| Referral Date:           | Priority:                 | NHS Number: |
|--------------------------|---------------------------|-------------|
| Short date letter merged | Suspected Cancer Referral | NHS Number  |

### **Patient Details / Contact Information**

| Title:                      | Forename:                                 | Surname:                       |
|-----------------------------|---|--------------------------------|
| Title                       | Given Name                                | Surname                        |
| Date of Birth:              | Gender:                                   | Ethnicity:                     |
| Date of Birth               | Gender(full)                              | Ethnic Origin                  |
| Address:                    | Home Telephone Number:                    | Email:                         |
| Home Full Address (stacked) | Patient Home Telephone                    | Patient E-mail Address         |
| Carer Status:               | OR Mobile Telephone Number:               | Text Message Consent:          |
|                             | Patient Mobile Telephone                  | Yes No                         |
| Preferred Contact Time:     | Interpreter Required:                     | Preferred Language (spoken):   |
|                             | Yes No                                    | Single Code Entry: Main spoken |
|                             |   | language                       |
|                             | Single Code Entry: Interpreter not needed | Preferred Language (written):  |
|                             |   |                                |

#### **Referrer / Practice Details**

| Referring Name:               | Referrer Code:                  | Practice Code:                       |
|-------------------------------|---------------------------------|--------------------------------------|
| Current User                  |                                 | Registered GP Organisation National  |
|                               |                                 | Practice Code                        |
| Registered GP:                | Surgery Name:                   | Surgery Address:                     |
| Registered GP Full Name       | Registered GP Organisation Name | Registered GP Full Address (stacked) |
| Surgery Telephone Number:     | Generic Surgery Email Address:  |                                      |
| Organisation Telephone Number | Organisation E-mail Address     |                                      |
|                               |                                 |                                      |

### Mandatory Information – will be returned if not complete

Most patients will have investigations prior to having an appointment or during their first hospital visit. It is therefore important that patients are prepared for this and aware of the reason for their referral.

|    |  |   | <br> |
|----|--|---|------|
| 1. | -  | they are on a suspected cancer pathway, given appropriate support allable <b>at any time</b> within the next two weeks? |      |
| 2. | Can the patient be contacted b<br>If yes, and the number is differ | y telephone?<br>ent from above, please enter here:  |      |
|    | Landline Number:   |   |      |
|    | OR Mobile Number:  |   |      |
|    |  |   |      |
|    | If NO, why and what is the   |   |      |
|    | preferred method of  |   |      |
|    | contact?   |   |      |

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No



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| 3.  | Can the patient be conta    | acted by letter?  |             |           |  |
|-----|-----------------------------|---|-------------|-----------|--|
| 0.  |                             | lease expand below, if needed e.g. "Yes, but in preferred language", "Yes, but letter to be sent to |             |           |  |
|     | GP Practice", etc.          |   |             |           |  |
|     |                             |   |             |           |  |
| 4.  | Have you told your patie    | ent they may have appointments and tests arranged at any hospital across                            |             |           |  |
|     | Greater Manchester?         |   |             |           |  |
|     | Initial appointments are    | still likely to be at your local trusts.  |             |           |  |
| 5.  | Accurate functional stat    | us is needed to assess the most appropriate investigation and treatment.                            |             |           |  |
|     | Please select a score fro   | m one of the following and enter in the score field:  |             |           |  |
|     | Rockwood Score 1-3          | Managing Well. Not limited by any comorbidities   |             |           |  |
|     | Rockwood Score 4            | Vulnerable, not dependant, symptoms limit activities  | Score:      |           |  |
|     | Rockwood Score 5            | Mildly frail, evident slowing, need help with daily activities                                      | Single Co   | de        |  |
|     | Rockwood Score 6            | Moderately frail, need help with all outside activities and bathing                                 | Entry: Ro   |           |  |
|     | Rockwood Score 7-8          | Severely frail, completely dependent for personal care Clinical Frailty                             |             |           |  |
|     | Rockwood Score 9            | Terminally ill, life expectancy of <6 months  | Scale scor  | e         |  |
| 6.  | Are there any concerns a    | about this patient's capability to consent to investigation/treatment?                              |             |           |  |
|     | If Yes, has the next of kin | n/advocate been asked to attend?  |             |           |  |
| 7.  | Is the patient taking ant   | -coagulants?  |             |           |  |
|     | If Yes please give details  | :   |             |           |  |
| 8.  | Is the patient diabetic ar  | nd taking Metformin?  |             |           |  |
|     | If Yes please give details  |   |             |           |  |
| 9.  | Does the patient require    | Translation or Interpretation Services?   |             |           |  |
|     | If Yes, which language:     |   |             |           |  |
| 10. | Does the patients have a    | any other health conditions, impairments or access requirements that may re                         | quire suppo | rt? (e.g. |  |
|     | physical/ learning disabi   | lity):  |             |           |  |
|     |                             |   |             |           |  |

### **Referral Reason** (include relevant family history, previous history of cancer and all

relevant investigations)

| Cancer Suspected<br>Please only use this section if you feel this patient is<br>likely to have breast cancer  | Yes | Symptomatic<br>(aim to be seen within 2 weeks)  | Yes |
|---|-----|---|-----|
| <ul> <li>Suspicious Lump</li> <li>Discrete hard lump <u>+</u> fixation <u>+</u> skin tethering</li> <li>30 years and older with a discrete lump that persists after period / patient post-menopausal</li> <li>Unexplained lump in axilla</li> </ul> |     | <ul> <li>Lump</li> <li>Women aged &lt;30 with a lump</li> <li>Asymmetrical nodularity or thickening that persists at review after menstruation</li> </ul> |     |
| Skin distortion / tethering / ulceration / peau<br>d'orange   |     | Infection or inflammation that fails to respond to antibiotics  |     |



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| <ul> <li>Nipple discharge that is:</li> <li>Bloody, blood stained, or serous AND</li> <li>Spontaneous AND</li> <li>Unilateral</li> </ul>   | Nipple discharge that is:<br>Troublesome or persistent AND<br>Spontaneous AND<br>Unilateral   |  |
|--|---|--|
| Nipple retraction or distortion of recent onset (<3 month onset)   | Unilateral eczematous skin of areola or nipple.<br>Please do not refer unless no improvement after at<br>least 2 weeks of topical steroid treatment   |  |
| <ul> <li>Previous breast cancer with:</li> <li>Suspicion of local or axillary recurrence (refer to treating hospital if possible)</li> <li>Suspicion of distant metastases (in some</li> </ul> | Gynaecomastia with no obvious physiological or drug<br>cause (e.g. anabolic steroids, cannabis, finasteride)<br>See <b>patient.info/doctor/gynaecomastia</b>  |  |
| cases it may be more appropriate to<br>investigate further in primary care, or, if<br>proven metastases, to refer to acute<br>oncology)  | Breast pain alone (no palpable abnormality).<br>Please do not refer unless no improvement after at<br>least 6 weeks of a supportive bra and topical NSAIDs.<br>See cks.nice.org.uk or<br>breastcancercare.org.uk/information-support/benign-<br>breast-conditions/breast-pain |  |

| Further information, e.g. site of problem, duratio      | n:            |  |  |
|---|---------------|--|--|
|   |               |  |  |
| Please do a written referral (not this form) for:       |               |  |  |
| Family history of breast cancer (see cks.nice.org.uk)   |               | Refer directly to breast family history clinic         |  |
| Cosmetic issues, e.g. asymmetry, requesting reduction   |               | Complete Funding Request Form, only if criteria        |  |
| Patient transferring breast cancer follow up as moved   |               | met  |  |
|   |               | Please enclose details of treatment so far             |  |
| Please do not refer in:                                 |               | Instead:   |  |
| Missed screening mammogram                              | $\rightarrow$ | Patient can phone local breast screening unit directly |  |
| Bilateral milky nipple discharge                        | $\rightarrow$ | Check prolactin <u>+</u> endocrinology opinion         |  |
| Creamy / green nipple discharge only when squeezing     | $\rightarrow$ | Advise patient to stop squeezing nipple                |  |
| Skin lesions  | $\rightarrow$ | Treat in primary care <u>+</u> dermatology opinion     |  |
| Any child under 10 years old                            | $\rightarrow$ | Refer Paediatrics                                      |  |
| Child 10-16y with galactorrhoea or severe gynaecomastia | $\rightarrow$ | Refer Paediatrics                                      |  |

### Consultations

Consultations

### Pathology

| Sodium     | Single Code Entry: Serum sodium level     | Total Chol. | Single Code Entry: Serum total cholesterol | wcc      | Single Code Entry: Total white cell count |
|------------|---|-------------|--|----------|---|
|            |   |             | level                                      |          |   |
| Potassium  | Single Code Entry: Serum potassium level  | LDL Chol.   | Single Code Entry: Serum low density       | Plat     | Single Code Entry: Platelet count         |
|            |   |             | lipoprotein cholesterol level              |          |   |
| Urea       | Single Code Entry: Serum urea level       | HDL Chol.   | Single Code Entry: Serum high density      | MCV      | Single Code Entry: MCV - Mean             |
|            |   |             | lipoprotein cholesterol level              |          | corpuscular volume                        |
| Creatinine | Single Code Entry: Serum creatinine level | Folate      | Single Code Entry: Serum folate level      | Ferritin | Single Code Entry: Serum ferritin level   |
| eGFR       | Single Code Entry: Glomerular filtration  | Bilirubin   | Single Code Entry: Serum bilirubin level   |          |   |
|            | rate                                      |             |  |          |   |



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#### Haematology

| Haemoglobin:           | Haemoglobin                                 |
|------------------------|---|
| Haemoglobin estimation | : Single Code Entry: Haemoglobin estimation |
| ALT:                   | ALT   |
| Blood Glucose:         | Blood Glucose                               |
| Alkaline Phosphatase:  | Alkaline Phosphatase                        |

#### Radiology

**Radiology:** 

Radiology

### **Diabetic Control**

HbA1c: HbA1c

### **Thyroid Function (if applicable)**

| T4 / TSH T | est (to ensure this is not repeated unnecessaril | y in second               | ary care)  |
|------------|--|---------------------------|--|
| T4:        | Single Code Entry: Serum free T4 level           | <b>TSH:</b><br>stimulatir | Single Code Entry: Serum TSH (thyroid<br>ng hormone) level |

### **Health Profile**

Problems Medication Allergies Family History Alcohol Consumption Smoking Weight Height BMI Blood Pressure

#### **Long Term Conditions**

| •             |  |
|---------------|--|
| IHD:          | Single Code Entry: Aortocoronary artery bypass graft repeated      |
| Diabetes:     | Single Code Entry: Diabetes mellitus without complication          |
|               | Single Code Entry: Diabetes mellitus type 1 with ketoacidotic coma |
| Hypertension: | Single Code Entry: Hypertensive disease                            |
| Epilepsy:     | Single Code Entry: Recurrent complex partial epilepsy              |
| Stroke/TIA:   | Single Code Entry: Anterior cerebral artery syndrome               |
| Parkinson's:  | Single Code Entry: Parkinson's disease                             |
| Dementia:     | Single Code Entry: Circumscribed cerebral atrophy                  |
| COPD:         | Single Code Entry: Acute vesicular emphysema                       |
| CKD:          | Single Code Entry: Chronic kidney disease stage 4                  |
| Neoplasms:    | Single Code Entry: [X]Additional neoplasm classification terms     |
| -             | Single Code Entry: Neuroblastoma of central nervous system         |

### Contraception

FOR FEMALE PATIENTS ONLY (please check medication screen for items that may not have filtered through)



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Single Code Entry: Prescribed postcoital oral contraceptive pill...