

Information You Need To Know Before Coming for Your Biopsy

We are looking forward to welcoming you to Tameside & Glossop Integrated Care NHS Foundation Hospital for your lung biopsy.

**Before you arrive**

You were given a provisional place, date, and time for your biopsy by your referring doctor which should be confirmed by telephone before you attend the hospital. If you haven’t spoken with someone to confirm the appointment date and time 48 hours before the provisional booking date, please call the telephone number below to confirm.

If you have any communication issues, memory problems or other concerns, please contact the biopsy booking team on 0161 922 6607.

A nurse will also call before the biopsy to discuss the procedure with you.

If you take blood-thinning medication or injections, have a family history of bleeding or are diabetic, and this has not already been discussed in the clinic, please let us know by contacting 0161 922 6607.

**On the day**

You will be advised to have a light early breakfast before 7am prior to your biopsy. You must starve from 7am and shortly after your biopsy.

**Apart from blood thinning medication**, **you should take your usual medication** in the morning before coming in. It is ok to have a small amount of water to take these.

Please bring a full list of your medications with you.

Please come to the Hartshead building and follow signs for lower ground floor CT and MR department. Please see site map at the end of this document.

There are both stairs and lifts that allow you access to the lower ground floor from ground floor. Please see the site map attached at the end of this leaflet.

Your family or friends accompanying you can come to drop you off at the CT department but due to capacity unless pre-arranged they cannot wait in the department while you are having your post biopsy recovery.

On arrival the nursing team will admit you and take observations before your procedure.

If you have questions about your procedure, please let someone know so that these can be discussed before the biopsy.

**Who will care for me?**

The radiology nursing team will admit you in the CT department and then post biopsy you will then be taken up to Ground Floor X-Ray recovery by the nursing team for monitoring. This is usually for 3-4 hours after the biopsy.

Due to being within the unit for up to 4 hours, we would advise patients to bring themselves a book or something to keep themselves occupied during their recovery. Diet and fluids will be provided whilst you are here.

**Do I have to stay in hospital?**

Most patients can go home after the recovery period. If you have no-one who can stay with you overnight after your biopsy, an overnight stay in hospital will be arranged but we must be made aware of this **before** you arrive.

If for any reason you need to have a chest drain inserted due to an air leak you will need to stay in hospital overnight or until the drain can be removed.

**Who do I contact afterwards if I have questions or worries?**

You must live within 30 minutes of an emergency department and *have someone afterwards to help you ask for advice or help if you experience any side effects.*

If you are in any way worried after your discharge about pain, breathing or bleeding symptoms, seek urgent medical help from your nearest Emergency Department as directed when you are discharged.

**How soon can I…?**

**Title**

You are advised to not undertake strenuous exercise or heavy lifting for 24 hours afterwards.

We advise you not to smoke or vape following your biopsy. We can offer smoking cessation help and tobacco alternatives during your recovery time if you wish.

If you have an air leak, you cannot fly until you have had confirmation from a doctor that the air leak has healed (usually 6 weeks).

We advise not to restart blood thinning medications for at least 24 hours after the procedure. Ask your Radiology doctor at the time of your biopsy when to restart any blood-thinning medication you normally take.

**If you can no longer make your appointment**

Please telephone the nursing team in radiology on 0161 922 6607 to make them aware of this so another appointment can be arranged and referring site be informed.

Failure to attend an appointment without notice will result in a 'Did Not Attend' appointment outcome. If you cancel an appointment more than twice, you may be referred back to your referring clinician.

**Who can I ask for advice about my biopsy?**

**Title**

Appointment enquiries contact the radiology nursing team on 0161 922 6607

Nurse enquiries pre biopsy contact lung CNS team on 0161 922 6549 or the radiology nursing team on 0161 922 6607

Nurse enquiries after biopsy contact lung CNS team on 0161 922 6549 or the radiology nursing team on 0161 922 6607

**How to find us?**

<https://www.tamesideandglossopicft.nhs.uk/patients-and-visitors/visiting-hospital/patient-transport>



