

Information You Need To Know Before Coming For Your Biopsy

We are looking forward to welcoming you to Stepping Hill Hospital for your lung biopsy.

**Before you arrive**

You were given a provisional place, date, and time for your biopsy by your referring doctor which should be confirmed by telephone before you attend the hospital. If you haven’t spoken with someone to confirm the appointment date and time 48 hours before the provisional booking date, please call the telephone number below to confirm.

If you have any communication issues, memory problems or other concerns, please contact the biopsy booking team on the number below.

A nurse will also call before the biopsy to discuss the procedure with you.

If you take blood-thinning medication or injections, have a family history of bleeding or are diabetic, and this has not already been discussed in the clinic, please let us know by contacting the number below.

**On the day**

You will be advised to have a light early breakfast (before 7am) prior to your biopsy. You will remain fasted around the time of your biopsy and shortly afterwards.

Apart from blood thinning medication, you should take your usual medication in the morning before coming in. It is ok to have a small amount of water to take these.

Please bring a full list of your medications with you.

The nearest entrance is located next to the endoscopy unit (38 on site map) please follow signs for MDCU /Ward C5 (located on the 2nd floor).

There is disabled parking opposite this entrance.

Alternatively use The Main Hospital entrance (35 on site map) and follow signs for MDCU/ Ward C5.

Please be aware that the site can be very busy and parking is difficult. Allow plenty of time to park and move around the hospital. The car parks are approximately 500 meters away from the entrance (wheel chairs are available on site).

Your family or friends accompanying you can come to the ward while you settle in.

On arrival the nursing team will admit you and take observations before your procedure.

If you have questions about your procedure, please let someone know so that these can be discussed before the biopsy.

**Who will care for me?**

The MDCU nursing team admits you and looks after you back on the ward after your procedure.

During the procedure the nursing team in Radiology look after you.

You will be recovered for approximately 4 hours you will be able to go home following your 2nd chest x-ray once the doctors have checked it.

**Do I have to stay in hospital?**

Most patients don’t have to stay in overnight and can go home the same day.

If you have no-one who can stay with you overnight after you biopsy, an overnight stay in hospital will be arranged but we must be made aware of this **before** you arrive.

A minority of patients have complications which will result an overnight stay if the doctors feel it is necessary.

**Who do I contact afterwards if I have questions or worries?**

You must live within 30 minutes of an emergency department and have someone afterwards to help you ask for advice or help if you experience any side effects.

If you are in any way worried after your biopsy about pain, breathing or bleeding symptoms, seek urgent medical help from your nearest Emergency Department as directed when you are discharged.

If you have a drain and valve inserted for an air leak that you go home with, you will be advised when and where to come for review so that this can be removed.

**How soon can I…?**

**Title**

You are advised to not undertake strenuous exercise or heavy lifting for 24 hours afterwards.

We advise you not to smoke or vape following your biopsy. We can offer smoking cessation help and tobacco alternatives during your recovery time if you wish.

If you have an air leak, you cannot fly until you have had confirmation from a doctor that the air leak has healed (usually 6 weeks).

We advise not to restart blood thinning medications for at least 24 hours after the procedure. Ask your radiologist at the time of your biopsy when to restart any blood-thinning medication you normally take.

**Who can I ask for advice about my biopsy?**

**Title**

Appointment enquiries contact Radiology Nurses on 0161 419 5592

Nurse enquiries pre biopsy contact Radiology Nurses on 0161 419 5592

Nurse enquiries after biopsy contact Radiology Nurses on 0161 419 5592 or MacMillan Clinical Nurse Specialists on 0161 419 5701

**How to find us?**

<https://www.stockport.nhs.uk/page_140>



