

Information You Need To Know Before Coming For Your Biopsy

We are looking forward to welcoming you to Salford Royal Hospital for your lung biopsy.

**Before you arrive**

You were given a provisional place, date, and time for your biopsy by your referring doctor which should be confirmed by telephone before you attend the hospital. If you haven’t spoken with someone to confirm the appointment date and time 48 hours before the provisional booking date, please call the telephone number below to confirm.

If you have any communication issues, memory problems or other concerns, please contact the biopsy booking team on 0161 206 2857 or 0161 206 1233.

If you take blood-thinning medication or injections, have a family history of bleeding or are diabetic, and this has not already been discussed in the clinic, please let us know by contacting 0161 206 2857 or 0161 206 1233.

**On the day**

You will be advised to have a light early breakfast before 7am prior to your biopsy. You must starve from 7am and shortly after your biopsy.

**Apart from blood thinning medication**, **you should take your usual medication** in the morning before coming in. It is ok to have a small amount of water to take these.

Please bring a full list of your medications with you.

Please come to the main entrance and follow signs for the day surgery unit this is located on level 1 in the Turnberg building (red area on a site map) near endoscopy and orthopaedics / fracture clinic.

The best place to park is the central carpark. However, please do not drive yourself.

If you feel you require a family member or friend to accompany you during your admission to the Day surgery unit, please contact the admissions ward coordinator on 0161 206 5375 a minimum of 48 hours before so your concerns can be addressed.

On arrival the nursing team will admit you and take observations before your procedure. The Radiology doctor performing the biopsy will explain the procedure in detail and help with any questions you may have.

**Who will care for me?**

The Day surgery unit nursing team admits you and recovers you in the day surgery unit.

During the procedure the nursing team and doctor in radiology will look after you.

You will be recovered for around 4 hours after the biopsy; in this time, you will have a chest x-ray(s) and regular observations. If the doctor is happy, you may then be discharged.

**Do I have to stay in hospital?**

Most patients can go home the same day providing you have someone to stay with you overnight a minority of patients have complications which may result in an overnight stay if the clinical team feel this is necessary.

*If you have no-one who can stay with you overnight after your biopsy, an overnight stay in hospital will be arranged but we must be made aware of this* ***before*** *you arrive. However please note we cannot guarantee an overnight bed and your procedure may be cancelled on the day.*

**Who do I contact afterwards if I have questions or worries?**

You must live within 30 minutes of an emergency department and *have someone afterwards to help you ask for advice or help if you experience any side effects.*

If you have an air leak as a result of the biopsy, you may need to stay in hospital until this is treated or resolves.

If you are in any way worried after your discharge about pain, breathing or bleeding symptoms, seek urgent medical help from your nearest Emergency Department as directed when you are discharged.

**How soon can I…?**

You are advised to not undertake strenuous exercise or heavy lifting for 24 hours afterwards.

We advise you not to smoke or vape following your biopsy. We can offer smoking cessation help and tobacco alternatives during your recovery time if you wish.

If you have an air leak, you cannot fly until you have had confirmation from a doctor that the air leak has healed (usually 6 weeks).

We advise not to restart blood thinning medications for at least 24 hours after the procedure. Ask your Radiology doctor at the time of your biopsy when to restart any blood-thinning medication you normally take.

**Who can I ask for advice about my biopsy?**

Appointment enquiries contact the booking team on 0161 206 1233 / 0161 206 2857

Nurse enquiries pre biopsy contact the radiology nurses on 0161 206 2206

Nurse enquiries after biopsy contact the radiology nurses on 0161 206 2206

**How to find us?**

<https://www.northerncarealliance.nhs.uk/patient-information/getting-here/salford-royal>



 

 **The day surgery unit**