



Social Prescribing

in Tameside

Believe it's possible | Strengthen others | Be true

Session Overview

- Action Together - Tameside Social Prescribing Team Overview
- Our Social Prescribing Offer
- The dos and don'ts of our Social Prescribing offer
- When is a referral to Action Together's Social Prescribing team suitable?
- How to make a referral to Social Prescribing
- How our team can support you



A group of people are gathered in a meeting room. In the foreground, a woman with long blonde hair is seated at a wooden table, looking towards the right. Next to her, a man with a beard is also seated at the table, looking down at a laptop. In the background, several other people are seated on a red sofa and at tables, engaged in conversation. The room features bookshelves filled with books and a large drum on a stand. The entire image is overlaid with a semi-transparent pink filter.

“ Action Together CIO is the infrastructure organisation for the voluntary, community, faith and social enterprise (VCFSE) sector in Oldham, Rochdale and Tameside ”



Tameside Social Prescribing Team

We work across the borough, in partnership with a range of local services to ensure that our Social Prescribing offer is accessible throughout Tameside

Our Team

Our Tameside Social Prescribing Team consists of;



FIVE Social Prescribing Officers



TWO PCN Link Workers



ONE Social Prescribing Manager



ONE Social Prescribing Administrator



ONE Community Wellbeing Project Coordinator

Our Social Prescribing Offer

“We work with people,
to help them create
new connections
in their community”



Our Social Prescribing Offer

“We listen to people, to find out what is important to them, what changes they would like to make in their lives and identify the best ways to achieve those changes, for them as an individual”



Our Social Prescribing Offer

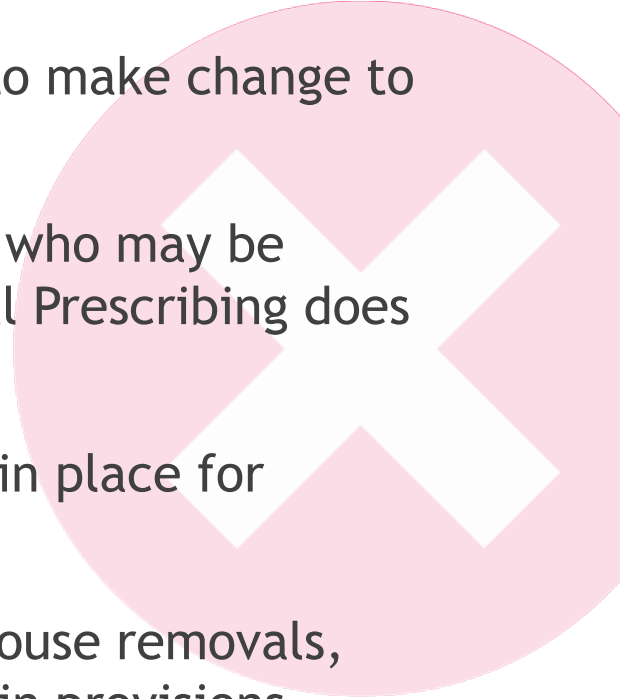
- Our team of Social Prescribing Officers and PCN Link Workers, link people to support in their local community, including groups, activities, and appropriate services that they are able to easily access and attend independently, encouraging the people we work with to manage their own wellbeing.
- Our team work together with people, on a 1-2-1 basis creating goals to work towards, to help that person get to where they want to be.
- We work with people that are motivated and ready to engage with us and the opportunities we can connect them to, to improve their quality of life.
- Our strengths-based approach helps reduce use of GP surgeries, calls to 111 and 999, visits to A&E and avoidable emergency hospital admissions, reducing crisis management of care support by connecting people to people, places and community groups and activities local to them. People that have engaged with our Social Prescribing offer have reduced the use of their GP surgery by 49.4% (Tameside & Glossop Hospital Trust, PCT Evaluation, 2019)

What our Social Prescribing includes...

- Working with people who live in Tameside or who are registered with a Tameside GP
- Connecting people to non-medical support including groups, activities and services in the local community for our clients to attend independently
- Working with people aged 18+, who are ready to engage with us and the opportunities we can connect them to, to improve their quality of life
- A strengths-based approach, focusing on the strengths of our clients to promote self-care, to empower the people we work with to take charge of their health and wellbeing
- Engaging with our clients over the telephone, in community settings or on home-visits
- Collaborative working with other services that may also be working with our clients including CMHT and CGL, to connect our clients to activities whilst they receive support from these services for the complexities and challenges they are experiencing

What our Social Prescribing doesn't include...

- Long-term work with clients - as we work with clients that are motivated to make change to their lives, our work with clients is usually completed in 12-weeks
- Work completed by a team trained in mental health. We work with clients who may be working with Mental Health services alongside Social Prescribing, but Social Prescribing does not replace the work complete by Mental Health services
- Involvement in the process of getting a care package or needs assessment in place for someone
- Social Prescribing does not include; support work, grocery shopping, DIY, house removals, cleaning for clients, transport to groups, activities and services, or sitting-in provisions
- Taking clients to activities on a regular basis - we do introduce clients to the activities and venues as a starting point but don't attend beyond this or on a regular basis with clients
- Time critical support - as we operate a non-urgent service with a waiting list, we are not equipped to support people in crisis with food parcels, housing issues or financial difficulties



When is a referral suitable?

The following criteria ensures that Social Prescribing is the most appropriate service for the person referred in:

- The person referred provides consent for the referral to be made to Action Together's Social Prescribing team
- The person lives in Tameside or is registered with a GP in Tameside
- The person is 18 years or older at the point the referral is made
- The person needs are non-urgent and non-medical
- The person is ready to make positive changes in their life and engage with us and the opportunities we can connect them to



How to make a referral to Social Prescribing

- Referrals to Social Prescribing can be made via EMIS or directly via Elemental, we can also take self-referrals via our Action Together website: actiontogether.org.uk
- All professionals across Tameside can be setup on Elemental to make referrals into Social Prescribing for the people they work with. Once the referral is made, it will be added to our waiting list and the Social Prescribing Administrator will triage the referral
- Professionals may be contacted for additional information, or the referral may be declined, if it does not meet the criteria of our service, feedback is always be provided
- If you are unsure whether a person is suitable for Social Prescribing, you can [contact our Team](#) before making the referral to check suitability
- All referrers are provided with feedback for the person they have referred in, including an overview of the goals that have been set, any signposting or referrals that have been made, key milestones or if we have had difficulty contacting the person referred in, to ensure the professional that completed the referral is aware of all activity

How can our team support you?

- Our team are here to answer any questions you may have about Social Prescribing. Whether you're a professional that would like setting up as a referrer or would like to discuss whether Social Prescribing is appropriate for a person you are working with before completing the referral, we are here to help
- If you would like to find out more about Social Prescribing for yourself, a family member, or a friend you can also contact our team



How can our team support you?

- Call us:
0161 830 6833 (9am-4pm)
- Email us:
socialprescribing@actiontogether.org.uk
- To complete a self-referral,
you can visit our website
www.actiontogether.org.uk





www.actiontogether.org.uk



WeActTogether



WeActTogether

Believe it's possible | Strengthen others | Be true