# LOWER GI CANCERS THINK A-G

Supporting earlier & faster cancer diagnosis



#### ANY CHANGE IN BOWEL HABIT OR UNEXPLAINED SYMPTOMS?

Check for any change in bowel habit, either diarrhoea or constipation, which persists or other associated symptoms including: abdominal pain, abdominal/rectal mass, unexplained weight loss, or anaemia. Be aware of symptoms in both older and younger patients.

CHECK BLOODS

Anaemia, raised platelets or abnormal liver function increase the suspicion of lower GI cancer, but normal results do not exclude it. It is important to check specifically for irondeficiency anaemia and include renal function to enable the patient to have a colonoscopy.

### BLEEDING

If patients report rectal bleeding, whether it is bright red blood noticed in the toilet or stools containing altered blood, it is important to investigate this.

#### EXAMINATION

Examine the abdomen and rectum. If you notice an abdominal or rectal mass this should raise suspicion.

#### FAECAL IMMUNOCHEMICAL TEST (FIT)

- Patients should only be referred on a suspected colorectal pathway if they have a positive FIT or anal/ rectal mass or anal ulceration.
- Remember cut-offs used in FIT screening are higher, therefore a negative screening test should not be used to assess a symptomatic patient.
- Always use the correct container.

#### The early cancer diagnosis resource gatewayc.org.uk/register © GatewayC, The Christie NHS Foundation Trust, 2023

#### GREATER MANCHESTER REFERRAL PROFORMA

- Please refer all patients using the Greater Manchester form
- Ensure the patient understands the reason for referral

DON'T FORGET

If a patient has a

D

G

**FAMILY HISTORY** 

family history of cancer

or polyps this will raise

the index of suspicion.

 Include frailty information as this helps direct patients to the most appropriate investigation or assessment

## REFERRAL PROCESS FOR GREATER MCR

FIT

Blood tests



