

Your doctor has referred you urgently into hospital today to investigate your symptoms. Because this is urgent you will get an appointment at the hospital within two weeks. This may be for a clinic appointment to see a specialist or for a diagnostic test, e.g. camera test.

There are many common conditions that your symptoms could be linked to, including the chance of cancer. More than 9 in every 10 people referred this way will not be diagnosed with cancer, however, it is important we identify any conditions early that might need treatment.

You will hear from the hospital in the next few days to arrange an appointment. Contact your GP's secretary on the phone number on this letter if you haven't heard anything within 10 days. It is very important that you make every effort to attend this appointment.

You may need some tests in hospital which can help the specialist understand what may be causing your symptoms. These tests could be:

- Blood tests
- X-rays
- Scans (CT/MRI)
- Camera tests

You will be told in advance if you need a scan or camera test, so please follow any instructions given to you. You might be given results on the same day. The specialist will be able to give you more information and advise what the next steps will be.

You may wish to bring a friend or family member with you. This may be helpful if you have any questions about what the medical team discuss with you. If you have any concerns or questions about your referral please contact your GP.

If you would like more information about urgent referrals please visit:

<http://www.cancerresearchuk.org/cancer-symptoms/what-is-an-urgent-referral>

Whilst waiting for your appointment, it is recommended that you try to continue with your normal activities/exercise. If further treatment is required, an important part of your treatment will be to optimise your fitness – such as stopping smoking and improving activity levels.