



# Teenage & Young Adult Patients Experience of the End of Treatment Bell– A Single Centre Experience

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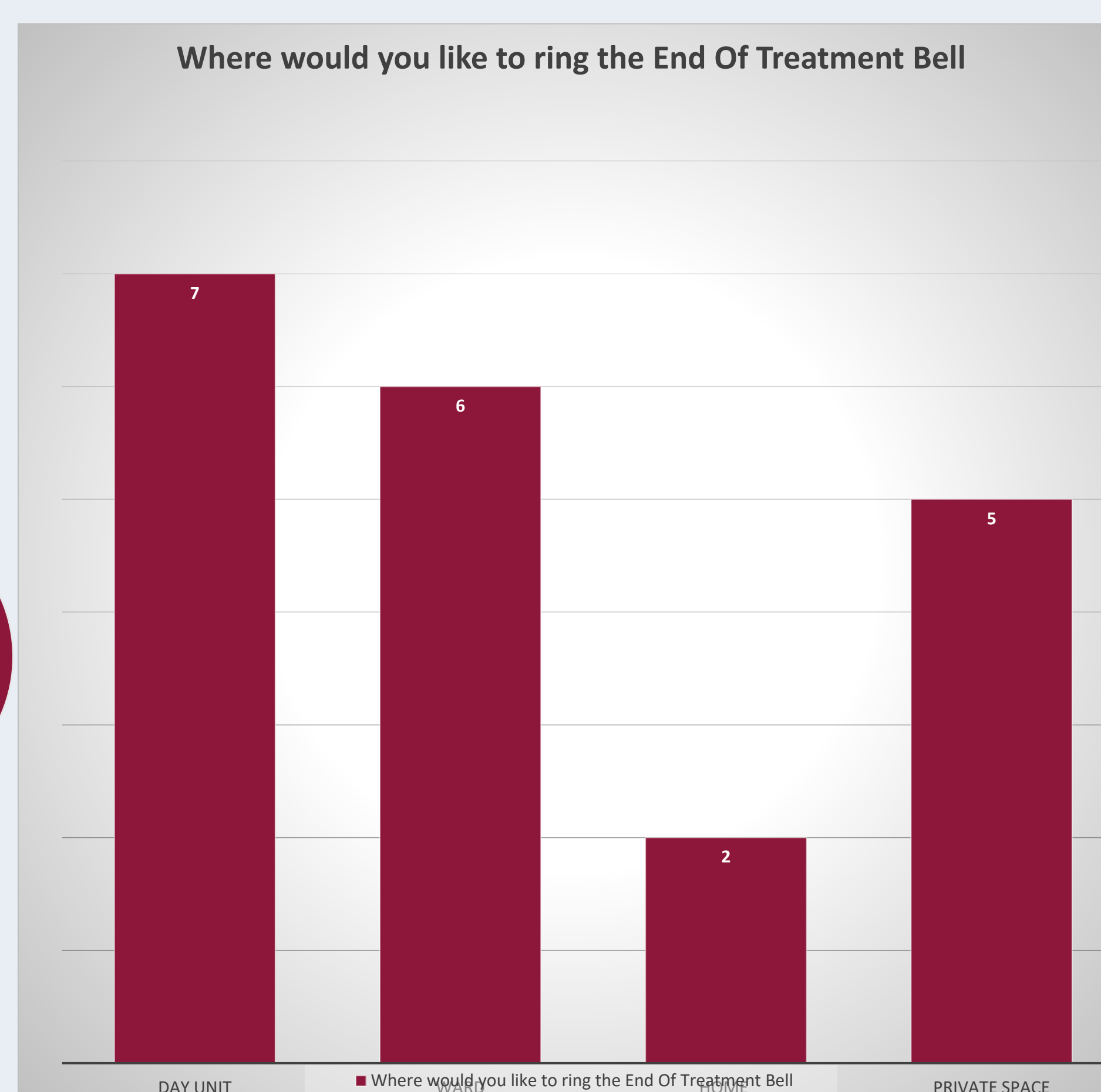
### Background

- For Teenage & Young Adult (TYA) patients (16-25yrs) the End of Treatment Bell is often a focus for patients and their families.
- Limited literature is available focused on the (TYA) experience of the End of Treatment Bell and the impact it has on the patient experience.
- The Young Voices Network is a well established patient experience group who requested a focus on the exploration of their experiences of the End of Treatment Bell within a Principle Treatment Centre for TYA patients.
- We report the data and feedback received following an online questionnaire. With the question designed within the Young Voices Network Group,.

### Methods

- Patient population identified as those treated at within The Christie Foundation Trust, Teenage and Young Adult Service
- Eligibility:
  - All patients aged 16-24 at time of diagnosis of Cancer
  - Treated with surgery, chemotherapy or radiotherapy
- Online questionnaire:
  - Baseline questions designed by the Young Voices Network (6 questions answered by 20 TYA patients within a 2 week questionnaire period.
  - Answers submitted anonymously
  - Focus on patient experience
  - Aim to explore the experiences of TYA patients and the opportunity to improve the experience and impact of the End of Treatment Bell

### Results



- I think it's a very nice way to end treatment and almost feels like an achievement and I loved ringing it
- I would love to ring the bell or have that moment of 'I've made it' on the day unit because it's a reminder to other people that it can be okay.
- I rang the bell after an auto transplant, made a huge deal about it and posted it everywhere, but a few months later I relapsed and had to have more treatment and another transplant. I would like to ring it again but I'm sceptical about when to do it. It's a nice gesture and something to look forward to doing, but it's a tricky thing too
- I think this is a really important but also really tricky thing to navigate
- When i rang the bell some of it was so i can have peace with the fact that i have finally finished but it also helped my friends and family know that the battle was finally over
- It was a very emotional moment

### Conclusions & Future Directions

- In this single centre service evaluation, we found
- TYA Patients have individual experiences related to the End of Treatment bell.
  - The location and ringing of the bell is individual to the TYA
  - The experience of the End of Treatment bell impacts on the family and friends of the TYA

**Limitations of study:** 20 responses from TYA population related to their experience of the End of Treatment Bell

**Future work:** Opportunity to review the location of the End of Treatment Bell, consideration of the patient experience requires ongoing consideration to ensure the End of Treatment Bell is a valuable experience for the patient.

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