

# 5 facts about MDT cancer care (Multi-Disciplinary Team)



## 1 What is an MDT?

Multi-Disciplinary Team (MDTs) is a team of experts including Consultants / Surgeons, Oncologists, Radiologists, Clinical Nurse Specialists (CNS), Advanced Nurse Practitioners (ANP) and other healthcare professionals who have specialist training and experience in a specific cancer type. Each MDT member has a different role, providing surgical, medical, practical or emotional help and support. Patients aren't required to attend this meeting.

## 2

### The MDT Meeting

- Works with you to devise your treatment plan.
- Decides if any further tests need to be carried out.
- Makes appropriate referrals to specialist services.
- Collects patient information and keeps records.
- Considers which patients should be offered clinical trials.
- Considers patients wishes.



## 3

### Who is discussed at an MDT?

It is the responsibility of the healthcare professional to give the details of the patients they want to be discussed at the MDT to the MDT coordinator. You will be discussed at the MDT meeting at each appropriate stage of your treatment plan.



## 4

### When will the MDT team meet?

It is important to ask your healthcare professional when your MDT takes place (you should have contact details for your key point of contact). The frequency of MDTs varies depending on cancer type however, at a minimum there is 1 MDT per week for every cancer type across Greater Manchester.



## 5

### How and when will I hear about the outcome?

In Greater Manchester we have worked with patients to develop a patient impact statement which should be completed with your healthcare professional. This gives you the opportunity to say what you want the MDT to consider when discussing treatment options i.e. what is important to you.

It also records how you would like to receive the decision reached by the MDT, for example, by telephone, face to face, virtual video call, with family members present etc.

We aim to make contact with patients within 2 working days of the MDT taking place however, if you wish to receive the information face to face then this may take longer. All decisions are recorded and will be communicated with your GP. Please be aware a telephone call from your healthcare contact may display as a withheld number.

You will be given the opportunity to discuss your MDT outcome with your healthcare contact