Greater Manchester Lung Cancer

Prehabilitation Pathway

Patient referred to Respiratory Medicine team to investigate potential diagnosis of Lung Cancer.

> Prehabilitation begins at first assessment and proceeds alongside diagnostic pathway regardless of final diagnosis or treatment.

Consider the following interventions where applicable:

Smoking Cessation using CURE Programme Assessment & Treatment of Tobacco Addiction Pathway:

- Smoking cessation service referral
- Pharmacotherapy

Signpost to:

Local smoking cessation service National Stop Smoking Service 0300 123 1044 www.nhs.uk/livewell/smoking NHS Smoke Free & Stoptober Apps

Diagnostic Pathway as per 'Greater Manchester Optimal Lung Cancer Pathway'

Referral for community based exercise programme:

ERAS+ community exercise programmes available in Salford, Manchester, Tameside & Stockport (use generic single point of referral)

Pulmonary rehabilitation in other areas of Greater Manchester

Nutritional Care Pathway:

- MUST score in all patients
- Interventions as per Nutritional Care Pathway

Diagnosis of lung cancer confirmed and treatment plan formulated.

Exercise programmes continue up to treatment and following completion (prehabilitation and rehabilitation).

Treatment with surgery planned.

Refer to Surgery School at Local Hospital or at UHSM. Provide ERAS+ patient leaflet and signpost to ERAS+ app

Smoking cessation, access to community-based exercise programmes, and the Nutritional Care Pathway should be reviewed and considered at all parts of the pathway at all encounters with the multi-disciplinary team.